

Guest Talk

LIVED EXPERIENCES HEARD: Real Voices, Real Change

Listen. Understand. Empower. Transform

Resource Person

WORLD MENTAL HEALTH DAY

2026

Join us for an insightful session on mental health awareness, lived experiences, emotional well-being, and the importance of empathy and supportive educational spaces.



Oct. 15, 2026

11.00 am onwards



zoom
Live Session

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