The ICFAI University, Dehradun

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Guest Talk

LIVED EXPERIENCES HEARD: Real Voices, Real Change

Listen. Understand. Empower. Transform

Resource Person



Dr. Kedar Tilwe

Consultant Psychiatrist
Department of Mental Health &
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Fortis Network of Hospitals, Mumbai

WORLD MENTAL HEALTH DAY 2026

Join us for an insightful session on mental health awareness, lived experiences, emotional well-being, and the importance of empathy and supportive educational spaces.

26th November, 2026
11.00 am onwards

zoom Live Session

Jointly Organized by

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