

THE ICF AI UNIVERSITY

DEHRADUN

ICFAI EDUCATION SCHOOL



ABOUT US

The ICF AI Education School (IEdS) is a constituent of "The ICF AI University", Dehradun, established in 2006 to promote quality education, research, training and consultation in teaching and training. The ICF AI Education School produces well-trained, dedicated and competent teachers. The B.Ed programme of IEdS is approved by the National Council for Teacher Education.

NEWSLETTER

NOV 2022-JAN 2023

E-LEAD CERTIFIED

E-Learning Excellence
for Academic Digitisation

QS I-GAUGE

INDIAN COLLEGE & UNIVERSITY RATINGS



VISION

To train and prepare excellent and efficient teachers who can draw out the best in a child's development in all aspects - mind, body and spirit. IEdS endeavours to prepare quality pupil teachers who can mould the lives of prospective citizens of the country in bringing about their holistic development by arousing curiosity, developing their minds and helping in their character formation along with awakening the light of knowledge in them.

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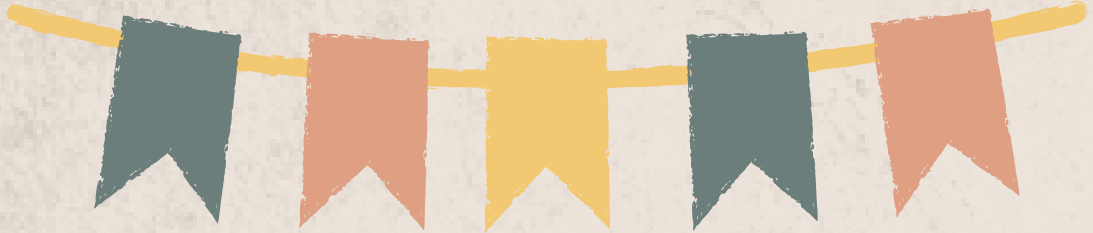
PHOTOGRAPHY AND PAINTING DIGEST

TRAINING AND PLACEMENT

IEdS – FACULTY

IEdS COURSES

“
Student Coordinators
Ms.Shradhha Gogoi
Mrs.Shalini Gupta
Ms.Tannavi
Mr.Simarjeet Singh Dang
”



POEMS AND ARTICLES



POSITUDE

Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.” –Melody Beattie

It is believed that gratitude has the power to heal, energize and transform lives by enhancing people psychologically, spiritually, physically, emotionally, and cognitively. It strengthens our belief system and helps us to make peace with the present condition.

It is rightly said that if we don't feel grateful for what we have, we will never be able to achieve what we desire. Through gratitude, we can liberate our inner emotions that need a vent to overflow. Despite the many challenges that we are facing, one must make sure to inculcate the habit of practicing gratitude.

The virtues of gratitude and positivity go hand in hand; one leads to the other; they are intertwined. Being grateful for what we have is a mindset that helps one to open numerous doors of opportunities that might seem unattainable.

A simple gesture of gratitude can make a lot of difference, and the one main inevitable effect of being grateful is 'positivity'. When one focuses on gratitude, positive things flow in more readily. A positive mindset not only helps us to fight the toughest of battles but also to find a way out of them, even when everything seems to go against us. Truly, a grateful heart and an optimistic mind are strong magnets that attract miracles.



The world is what we think and believe it to be. It is subjective in essence - a projection of what we feel is, based on our past experiences and conditioning.

Hence, educating students on the virtues of positivity and gratitude has been our utmost priority. The challenges that await them in the future will need an optimistic approach. We believe that imbibing this blend of gratitude and positivity at an early age, will add to the wind beneath their wings which would help them to tread smoothly in the journey of Life.

Let's develop the POSITUDE attitude!!!

#POSITUDE (Positivity & Gratitude)

BEYOND
GRATEFUL



Ms. Preeti Jaggi
B.ED. Batch (2021-23)

Do You Have The 21st Century Skills Today's Employers are seeking?



21st-century skills can be understood as the broad skills and abilities needed to be successful in modern society. To prepare the workforce for the future, groups of educators, researchers, and governmental organizations have tried to identify and promote these fundamental talents over the years.

They fundamentally fall into three categories: 1) Learning skills 2) Literacy skills and 3) Life skills.

9 Essential 21st-century skills for any career

1. Creativity: The ability to think outside the box.
2. Critical thinking: It helps us objectively analyze a situation, weigh options, and identify potential outcomes to any decision.
3. Collaboration: Collaboration means being willing to listen, learn and work with others to accomplish a goal together.
4. Communication: All the technical knowledge and skill in the world isn't worth much if you can't effectively get your point across in a respectful and coherent way.
5. Information literacy: A student or employee with this skill can separate fact from fiction by interpreting facts and raw data they might find online.

6. Adaptation: The job market is changing quickly. Adaptable employees are flexible in several ways. They should be able to work remotely or in the office, independently and with a team.

7. Leadership: Including humility, decisiveness, and managerial competence.

8. Social Skills: social skills are rooted in self-awareness, self-regulation, and empathy. Self-awareness and regulation mean understanding and managing yourself including your past, values, motivations, and stressors.

9. Productivity: Productivity is about efficiency. There is a big difference between being busy and being productive.

Are you ready to take on the next century of work?

It could be a good idea to conduct a brief self-inventory now that you are aware of what 21st-century talents are and why they are so crucial to your long-term work chances. Do you possess the adaptable abilities required to traverse the ever-evolving modern economy successfully? If you can think of a handful that could use some polishing, it's okay. The good news is that 21st-century abilities can be improved with practice, just like any other ability. This can be done through formal schooling, employer-sponsored training, or even just deliberate repetition in daily activities.



Akanksha Chowfin
B.Ed. Batch (2021-23)



PLANT-A-THON

Trees are the only source of natural oxygen.

As we can see more & more constructions are going on around us, like buildings, airports, roads, and flats by sacrificing thousands of plants and trees.

As an individual, it's our responsibility to take care of our environment just by not cleaning but also by planting trees. Cutting down jungles have taken away the home from all sort of animals living there. A few years ago if you have heard about Dehradun sensational news that animals have started emerging on roads and inside houses. What was the reason behind it???

Dehradun is a beautiful city Known for its beauty, serenity, and soothing weather and also for business and leisure, for that a lot of trees have been sacrificed.

As I'm socially engaged in a DEHRADUN BASED
NGO
Just Open Yourself (JOY)

Every year we organize an activity Plant-A-Thon. We have planted trees over hectares of land. We visit the areas clean them and prepare them to plant a tree. The reason is to give back what's being taken.



Ms. Asmita Mehta
B.Ed. Batch (2022-24)

A tale of a little drop living in the clouds,
Who, one day asked God in a voice bold and loud,
"To visit the land called earth, will I ever be allowed?"

The god told her these words profoundly,
"Your time will come, though, not right now"
Hearing this the little droplet frowned,
And left the place while stomping the ground.

Finally, the day to leave the home called heaven came,
Now grown into a drizzle, the droplet had become rain
Fell from the sky, oh how it hurt, nothing will ever compare to this pain

The land called earth was a strange place
Upon arrival, she was worshipped by the human race
Oh, what a lovely place full of gratitude and grace
But time converted her to the river, a dilemma she had to face

Looking at the condition of her fellows; a mess,
The rain in a state of stress questioned the poetess,
"What is the reason for this distress?"

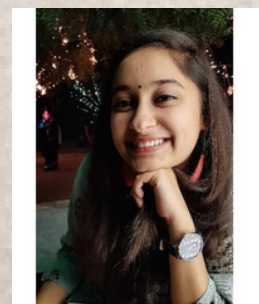
With a smirk, the poetess spoke, "this isn't a big deal,
wait till you reach the seven seas",
Thought to myself "what could be worse than this"

Then she reached the middle of the ocean,
Oh! What is this junk floating around in non-stop motion?
At this point rain had seen enough,
She knew, the stories told to her as a child were a bluff.

So cried to God, she did, "call me up right this instance",
Obeying her angry commands without hesitation,
God, hurried the process of evaporation,
The damaged ozone gave full cooperation,

So, in the future, humans suffered the consequence of their actions,
And had to call upon the deities for even a drop of precipitation,
Alas! The droplet refused to leave heaven because of the previous traumatization,
With time the glaciers melted and freshwater became an object of imagination
And the earth became barren, with no sign of civilization.

This wasn't a work of fiction,
Just a glimpse of our final destination.



Ms. Ankita Kestwal
B.Ed Batch(2021-23)



What is Empathy?

It is an ability to understand and share the feelings of others...

Do we think love, care, and empathy are required in our lives? Yes, it is, as it brings happiness and satisfaction into our life...

Children these days have to be imbued with these feelings. They need to understand that with love care and empathy, life is beautiful.

On the day of 27th December 2022, the students of classes 6,7, and 8 were taken on a field visit to 'Kasturba Gandhi Memorial Old Age Home for Women' located in Bandlaguda Jagir, Hyderabad. The students visited the Old age home with very clear minds and loving hearts. The teachers were assisting the students and guided them.

There were 4 dormitories with 10-12 ladies in each dorm. They were provided with a bed, mattress, pillow, and blanket. They even had a table and a chair. The rooms were well-ventilated and clean. There was a big dining hall. There were 5 washrooms for each dormitory. The students along with the teachers visited each dormitory and spoke to all the ladies. The residents were in the age group of 55-75 years. They were very happy with tears in their eyes, as they were speaking to the students. The ladies were telling the students, how they had a family and as their family was not able to take care of them hence, they were sent to an old age home.

This year the faculty of Birla Open Minds School, Hyderabad, (where I was doing my internship) had a different outlook for an excursion or field trip. They wanted their students to be closer to the realities of life and take learning out of it. Nothing better than a visit to an Old Age Home can teach them, how life can be cruel to some, and only with love, care and empathy it can give them some solace and happiness.

The students were showing empathy towards the old ladies by listening to their life experiences. Few students even had tears in their eyes, as they could feel their pain and sadness. The students spent nearly 2 hours in the old age home.

After coming back to school, they shared their experience and feelings with the teachers and with their parents after going home.

We all need to teach our children the value of love, care, and empathy. Only by making them aware of the reality of life and experiences, will they learn to show their care and empathy for others.



Mrs. Manasee Uniyal
B.Ed. Batch (2021-23)

NATURAL DARKNESS



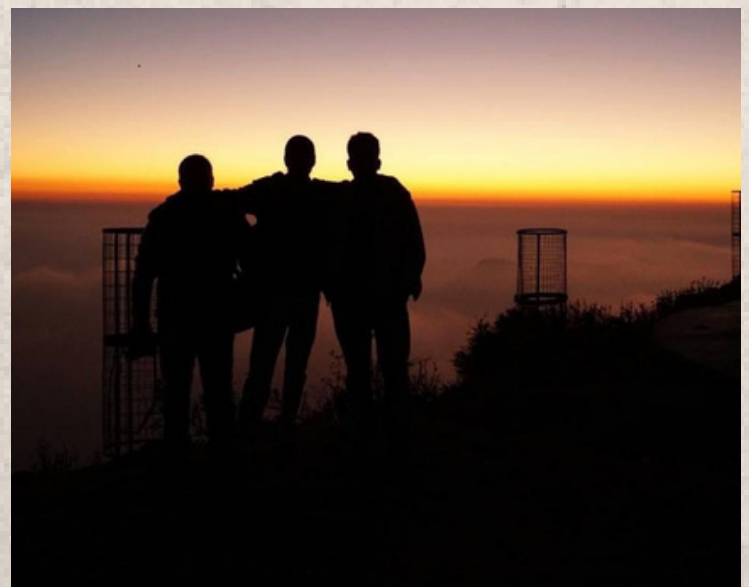
Growing up in Shillong- Meghalaya in the 1980s, I remember a childhood that was spent mostly outdoors. Mountains, forests, rivers, and lakes were my playgrounds and I cherish the fondest memories of my childhood spent in these places with my cousins, friends, and families.

Though we spent most of the daytime playing out and evenings or nights at home- I do vividly remember a few nights we spent outdoors and I recall woods so dark that everything seemed to disappear before us. Now, however, most children born in India and the world will never see a sky dark enough to gasp at the beauty of the milky way. The reason for this is us rapidly lighting up the nights and the world losing its night's natural darkness. Though we always cheer for the dawn and the light that comes with it, we should also value the value of darkness.

Today we quickly switch on the lights or reach for a flashlight whenever it's dark for us, but we have to consider that this world evolves around the steady rhythm of bright days and dark nights. Too much artificial light, or a lack of darkness, is dangerous for all life forms on earth.

For humans, natural darkness is important to produce the hormone melatonin, which prevents certain cancers from developing in our fragile bodies. Several scientists have confidently linked sleep disorders, which are a product of too much light around us, to diabetes, obesity, cardiovascular diseases, and depression. Even a speck of light in our rooms from smartphones, tablets, or bright table clocks can hinder our sleep cycle and we don't realize this. Our bodies are naturally designed to accept darkness at night and when we spend too much of our night in artificial light, our bodies are bound to suffer from major or minor diseases and disorders.

The Winter Time At Mussoorie Best Enjoyed By Us During A Dark Night



The rest of the world also depends on darkness. Nocturnal and crepuscular species of birds, insects, mammals, reptiles and fish all depend on a dark night to function properly. Some examples are the birds that migrate across North America, the turtles that come to a shore to lay their eggs, and bats and moths that help pollinate 80% of the world's flora and fauna. Light pollution is a major problem for all these species and their survival on earth. The excessively bright nights that this world has been accustomed to in the past few decades have wrecked the habitat and disrupted ecosystems all around the world. The same ecosystems that have taken billions of years to form have been close to destruction in a few decades- owing to light pollution and other factors. What we do not understand is that without natural darkness, the fragile ecology of this beautiful planet would simply collapse.



All over the world, different religions have also considered natural darkness essential and invaluable for a soulful life. Only in the dark can we be a witness to some of the wonders of this universe. The natural darkness in the world has also inspired many artists, philosophers and stargazers since time immemorial. After all, how would have Van Gogh painted his masterpiece called "Starry Night"?



Mr. Jasmeet Sondhi
B.Ed. Batch (2022-24)



LIFE IS BETTER WHEN YOU DANCE



A dancer, the real dancer is someone who puts all of his/her heart soul, life, and hard work into dancing. A dancer is someone who practices until perfection is made, and never gives up, even if it takes weeks on end.

A dancer dances when music is playing and oftentimes when it is not. A dancer lives for their performance, their few minutes of fame.

A dancer practices until it is their turn to get up on stage.

“DANCE UNABLES YOU TO FIND YOURSELF AND LOSE YOURSELF AT THE SAME TIME.”

Dancing is a language that dancers use to move, think, and respond.

I have always wanted to practice dancing more, especially modern dancing so I can dance to pop songs that I love listening to. Dancing is meaningful to me in a great number of ways. It has been a while since I last danced formally on 15th August 2022 at ICFAI UNIVERSITY, DEHRADUN. I still remember that only 2-3 days left and my dance was confirmed by my faculty members. I was hella nervous but still, I practiced and practiced in spite of having a tight schedule I practiced my 4-minute performance.

I was on the stage and my friend's appreciation and cheering gave a boost to my performance.

I was appreciated by other department teachers also. I will never forget the awesome experience which my dance gave me.

Dancing is a part of me. A part of who I am has entered my life.

Taken on my body.

It is in my moments, in my thoughts. Dancing is not a hobby it is an Art.

Ms. Divya Mukherjee
B.Ed. Batch (2021-23)



कोशिश करने वालों की हार नहीं होती

मुसीबतों से दूर भागने से मंजिल आसान नहीं होती,
की गई मेहनत कभी बेकार नहीं जाती,
असफलता हर बार नहीं मिलती,
कोशिश करने वालों की हार नहीं होती॥

असफलता, सफलता की ओर चढ़ी गई एक सीढ़ी है कदम आगे बढ़ाओ ,
मंजिल अब ज्यादा दूर नहीं साहसी बनो, नई सीढ़ी तैयार करो,
कुछ किए बिना ही इतिहास गवाह नहीं होती,
कोशिश करने वालों की हार नहीं होती॥

जो करता है काम अपनी सीने से ,
बदलता है लिवास अपनी पसीने से,
इतिहास भी गवाह है उन दिनों से,
कुछ करना, कुछ नहीं करने से कठिन नहीं होती,
कोशिश करने वालों की हार नहीं होती॥



संघर्षों से भरी मैदान में उतरो तुम,
कमी और बेसी को देखो, परखो और सुधारो तुम,
ना थके तुम्हारे पैर कभी; ना हिम्मत हारो तुम,
आखिरकार तुम्हारी मेहनत कभी बेकार नहीं होगी,
कोशिश करने वालों की हार नहीं होगी॥



Ms. Soni Kumari

B.Ed. Batch(2022-24)

IMPORTANCE OF TRAFFIC RULES IN STUDENT'S LIFE

Mr. Yug Sharma

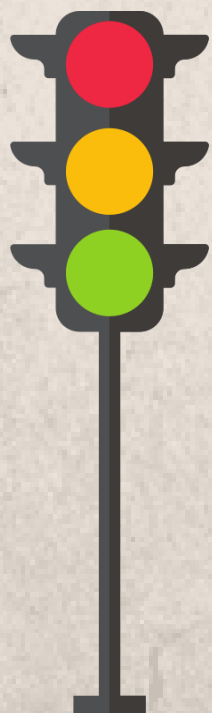
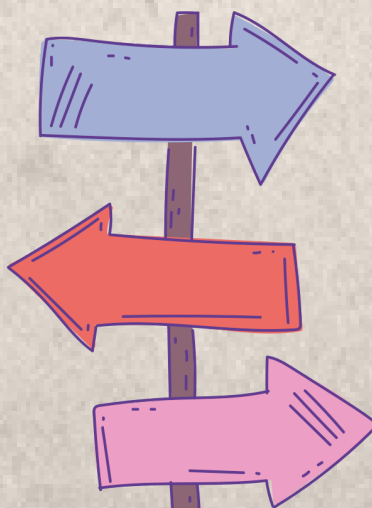
B.Ed. Batch (2021-23)

As we know it is very important to follow the traffic rules so when I was doing my internship then I got the opportunity to tell the children about this, I got a chance to prepare an act, in which the children explained the rules of safety in the school assembly.

The students of The Royal College did it so well. In that act, they discussed the importance of traffic, and students showed some important traffic signs, and road safety rules.

Now a day's vehicle is important for every age group of people to travel. It is also important for students now, to reach school, tuitions&home. They must be aware of rules because once they have learned the value of rules and safety at this age. They will pass the same to their junior and the process is going to create a better cycle.

While traveling we should wear helmets and we should avoid talking on the phone. Remember when we travel there is a family that is waiting for us at home?



MATHEMATICAL THOUGHT – THE INFINITE

Whenever thinking about infinity, some questions arise in my mind:

- Is infinity a number?
- Is it an emotion or a feeling?
- Is it a place, a quantity, or an idea?
- Probably all of the above.

Infinity is a concept of something that is unlimited, endless, and with no bounds.

The symbol ' ∞ ' was invented by English mathematician John Wallis in 1655.

There are three types of infinity- *the mathematical, the physical, and the metaphysical*. Mathematically, we see infinity is the unimaginable end of the number line. It is a symbol on the other side of the equal sign when something is divided by 0. Nothing more than scribbled ink solving an imaginative problem and earning marks.

However, a more complex question we ask ourselves is 'What's more than infinity?' Well, the answer is beyond infinity is another infinity, and beyond that is yet another... and even after you've reached an infinity of infinities, there's still another infinity beyond that. Although intended to be mathematical, this answer still has philosophical undertones.



The stark concept of 'physical infinity' moves from mathematics to the real world and tackles questions such as 'is space infinite?' In physics, one might look for infinities in space, time, divisibility, or dimensionality.

The science of physical infinities is much less developed than the science of mathematical infinities. After all, the exciting field of mathematics is not restrained by the laws of physics, pun intended.

Perhaps the most familiar context for discussing infinity is in metaphysics and theology as our intuition to perceive abstract thoughts from a philosophical lens. From the metaphysical perspective, the theories of mathematical physics seem to be ontologically committed to objects and their properties implying that if somewhere out there, there are objects or properties infinite in number, then 'infinity' exists in the physical world as a reality.

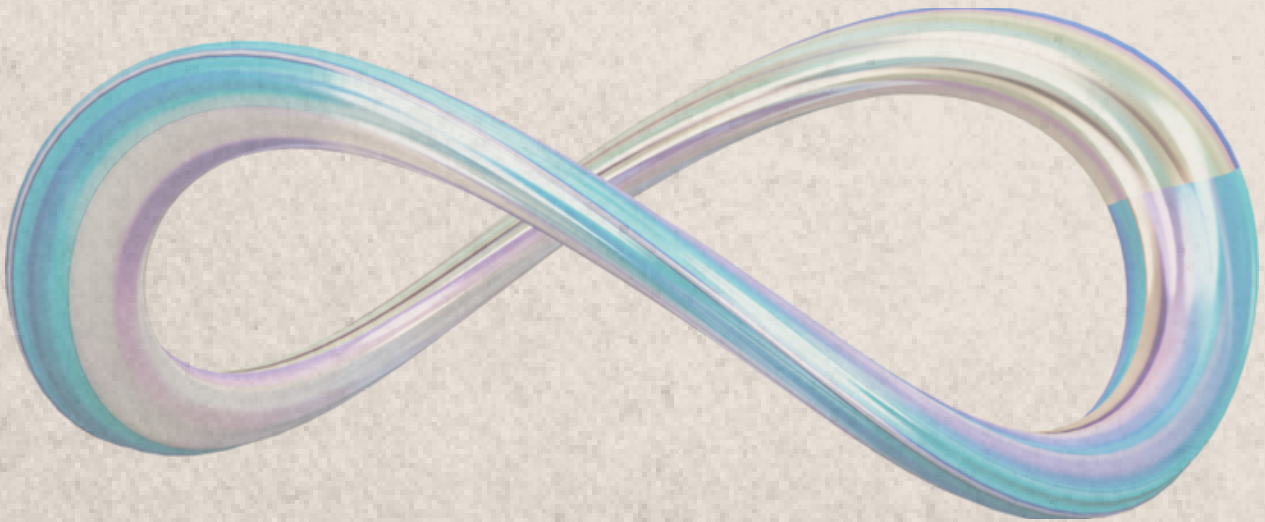
Actually, infinity is bigger than we think. Theologians promoted the idea that God is infinite because He is limitless, and this at least caused the word 'infinity' to lose its negative connotations that early Greek philosophers associated with it in ancient times.

An actual infinity is one that is completed, definite, and consists of infinitely many elements. In contrast, a potentially infinite sequence is simply a finite sequence that can be extended indefinitely and that's what we are prepared to acknowledge, only the existence of potentially infinite, denying the reality of actual infinity.

Let's come to our home base to attain further clarity, as our mathematical and metaphysical roots dwell in Indian soil.

ॐ पूर्णमिदः पूर्णमिदं
ॐ पूर्णमिदः पूर्णमिदं पूर्णत्पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते
ॐ शान्तिः शान्तिः शान्तिः ॥

What is visible is the infinite. What is invisible is also the infinite. Out of the Infinite Being the finite has come, yet being infinite, only infinite remains. Peace in my heart, peace with each other, peace in the cosmos.



Ms. Shanu Sharma
B.Ed. Batch (2021-23)



ECHOES OF THE MOUNTAINS

Mr. Devanshu Tyagi
B.Ed. Batch(2021-23)

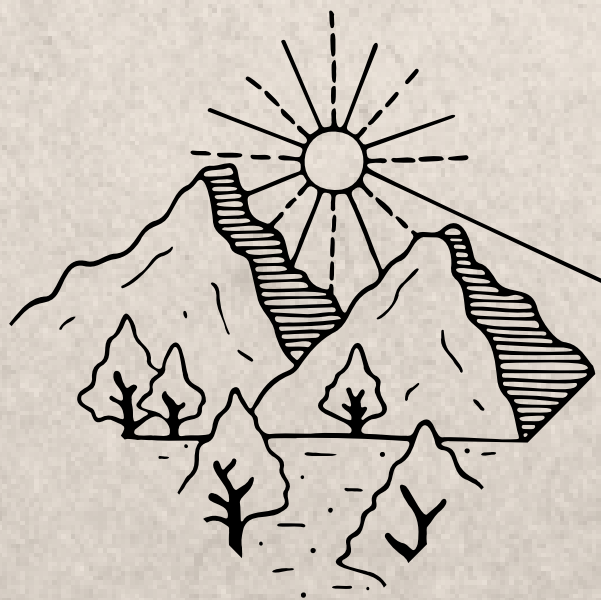


**Where winds blow with the Aroma of Pine;
where Brooks flows and children cry,
that land I call mine.**

**Where I used to wake up at sunset and sleep at
nine; Where I used to fight for a bun and an egg fry,
that land I call mine.**

**Where the land used to be chaste and water
pristine; Where terraces witness the paddy dry,
that land I call mine.**

**Where at sunset my cows arrived in a curry line;
Where milking the cows was worth a try,
that land I call mine.**



INTEGRATED LEARNING

Ms. Saloni Narula
B.Ed. Batch (2021-23)

Over the course of a working career, most people change positions or organizations and some even change careers completely. To succeed in multiple, changing environments, students must develop the intellectual flexibility and adaptability to incorporate varied sources of information into their decision-making and understanding of the world. In national surveys, employers consistently identify the need for college graduates to have both depth of understanding in a major field and a broad range of skills and knowledge to succeed in the workplace of the present and the future.

The goal is to produce students who can:

1. address a topic, issue, problem area, or human challenge using a combination of concepts, theories, and/or methods from multiple perspectives or fields of study,
2. apply concepts, theories, methods, or skills to analyze new questions or complex problems, and
3. engage in and communicate self-reflection about their learning in the Integrative Core Curriculum, their chosen major discipline, and their overall experience.

I believe in integrated learning so over the period of my professional teaching career I have inculcated this integrated learning in many ways like making string telephone, making paper boats and fireless cooking like sandesh, burger and chapati roll and playing stappoo (hop scotch) with children . All these activities instigate a learning and cognitive insight in them which helps them to learn in working with peers and working alone on their own. It is fun to work with the kids of third grade as they are at that age where you can mold them in whatever manner you wish to, so I think we should strike for child's betterment (iron) as and when it's tender(hot) to shape them into good citizen(casting into perfect utility).



DISTRACTION

Ms. Shalini Gupta
B.Ed. Batch (2022-24)



LIMITING SCREEN TIME IS A BIG QUESTION FOR PARENTS AND TEACHERS.

The Internet is the biggest reason for this increased screen time. Internet is fruitful to a certain limit if used with the proper guidance of parents and teachers. But anyone can't be always present with a student or a child while using the internet.

Distraction comes as a by-product while using the internet. We all know it is a wild web where you have lots of data and also social networking sites like Instagram, Facebook, and Snapchat, etc, they become addicted to it. They check every message that comes up. This seems like a cage, which has no bars.

In this era of online classes, it's next to impossible to keep your ward away from this technology and its usage. Parents and teachers should take charge to make them aware of this internet slavery and also teach them some measures.

MEASURES:

- 1) Make them install a third-party app that monitors the amount of time they spend online.
- 2) Notifications of all apps should be kept off. Notifications are clever tactics and features that distract and form unintentional habits.
- 3) Unread message counter should be removed from the home screen, so the psychological trigger is disengaged.
- 4) Always charge your devices out of your bedroom, so out-of-sight means out of mind.

ALL THESE POINTS WILL CERTAINLY MAKE THEM ABLE TO BREAK THROUGH THE CAGE OF THE INTERNET.

FREEDOM IS IMMINENT TO THEM.



“ SAHARSH ”

Special Education Program Launched by Tripura State Government

The 'Saharsh' was launched in 40 schools of the state on a pilot basis in August last year. This year, it will be extended to all government and aided schools in Tripura from the second week of January.



KEY FEATURES REGARDING SAHARSH PROGRAM BY THE TRIPURA STATE GOVERNMENT

- On the inauguration of the 49th state-level science, mathematics, and environment exhibition, Education Minister Ratan Lal Nath informed that the state government has been working to make Tripura self-reliant and prosperous.
- The school education department has introduced 36 reforms in the last five years and the higher education department has 19 reforms.
- The 'Saharsh' initiative is aimed at empowering children to work with happiness.
- The state government has trained 204 schools for the 'Saharsh' curriculum while 200 more will be trained in the future.
- 30 assistant headmasters from different districts of Tripura were also selected to work as Saharsh implementation ambassadors.
- Education Minister Ratan Lal Nath also launched a special 'Saharsh' teacher guideline handbook and informed that the entire module was available on the State Council of Educational Research & Training (SCERT) website.
- Under the Saharsh program, Children won't be pressurized to study, rather they will be encouraged to social and emotional learning.
- Tripura was ranked among 5th grade in Performance Grading Index during the erstwhile Left Front government; the state has now ranked among Grade 1.



Mr.Simarjeet Singh Dang
B.Ed. Batch(2022-24)



MEDICINAL PLANTS AND HERBS

The term “medicinal plants and Herbs” denotes the plants used in ‘herbalism’ ‘medicine’ and ‘cure’. They are of much importance to us in various aspects of our life for example, religious as well as health point of view. If it is noticed, our lifestyle is changing day by day, from traditional cures to modern therapies and being techno-savvy. But, if it is realized then we are actually moving far from nature but it’s not good because it is impossible to escape from nature as we are part of nature.

“IF MAN WILL SERVE NATURE, THEN NATURE WILL SERVE MAN”

Modern ways of treatment are more advanced but include the use of chemical medicines which are efficient to cure but along with this, they pose many side-effects also.

On another hand, medicinal plants and herbs are natural medicines and free from such side effects so, comparatively, they are much safe, affordable, readily available, and eco-friendly. From ancient times, many herbs were used for ailments related to different diseases. But nowadays, there is a need to promote them to save human lives. Many studies revealed that herbs were prized for their medicinal properties, flavor, and aroma qualities for so many years but the use of synthetic drugs of modern times had surpassed their great importance in human life, just for a while. The blind faith and dependence on these drugs are decreasing and people are returning to natural products with the hope of safe and secure life. Now, it’s a need of time to promote ‘Medicinal Plants and Herbs’ globally for their use and conservation as some of them are decreasing day by day.

“During COVID-19 pandemic I used: Ginger (Zingiber officinale Roscoe), garlic (Allium sativum L.), Giloy (Tinospora cordifolia) the most to enhance my immunity.”



Ms. Garima Kumari
B.Ed. Batch (2022-24)



Uttarayani Fair - 2023

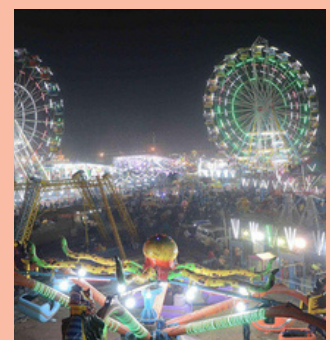
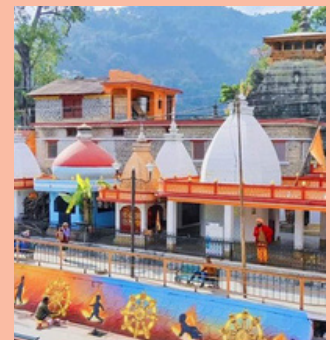
Bageshwar



Bageshwar | Uttarayani fair of Kashi Bageshwar of Kumaon

It holds its important place not only in the state but also in the country and abroad. During covid, only devotees were able to bathe Magh in Uttarayani for two years. The glow of the fair had stopped during the covid period. This time i.e. in the year 2023, the Uttarayani fair is going to be different in the month of Magh. Newcomer youth District Magistrate Anuradha Pal is very excited about the fair. Many high officials of the district came and went. Every year the month of Magh kept coming and Uttarayani also kept happening. This year's fair is moving towards being historic. It is the dedication of the District Magistrate for all this. Makar Sankranti: A week-long Uttarayani fair is held here, a stronghold of historical and cultural heritage

Makar Sankranti or Uttarayani has great importance in Indian culture. This festival is also celebrated with great pomp in Uttarakhand. In Garhwal where Makar Sankranti is celebrated as Makaraini and Khichdi Sagyan. And in the Kumaon region, this day is called Utrani and Ghughuti Sagyan. Uttarayani fair is organized every year on the occasion of Makar Sankranti on the banks of Saryu and Gomti rivers in Bageshwar.



Bageshwar Uttarayani mela: Makar Sankranti or Uttarayani has great importance in Indian culture. This festival is also celebrated with great pomp in Uttarakhand. In Garhwal where Makar Sankranti is celebrated as Makrani and Khichdi Sagyan (Khichadi). And in the Kumaon region, this day is called Utraini and Ghughuti Sagyan. While Khichdi is important on this day in Garhwal, in the Kumaon region, Ghughuti made of a mixture of flour, sugar, fennel etc. is made and eaten on this day. Children are made to wear ghughuti garlands as well. On this occasion, crows are invited to eat ghughuti by making the sound of 'Kale Kauwa Kale, Ghughuti Mala Khale'. In Indian culture, it is believed that the soul of ancestors resides in crows. Bathing in holy rivers is also important on this morning. Fairs on the occasion of Uttarayani

Uttarakhand and Uttarayani Mela is a confluence of culture and fun that thrills the visitors to the core. It is also an important mode of communication for a large population and thus political activists often use the platform of this fair to deliver their messages to the people.

It is one of the biggest fairs held in the Bageshwar district of Uttarakhand and is celebrated every year during the Makar Sankranti festival held on 14th January. Uttarayani Mela Festival is celebrated in both the regions of Kumaon and Garhwal in Uttarakhand.

The fair offers a fair share of entertainment and information, with a wide variety of activities. Apart from this, you can enjoy delicious food and buy handmade crafts of the state.

Known as one of the most popular fairs in India, Uttarayani Mela started in Bageshwar but has now spread to various cities within and outside Uttarakhand. The festival is an opportunity for the local people to showcase their culture, heritage, dance and music.

History of Uttarayani Fair

Uttarayani fair is being organized for years. Earlier, when technology was not advanced and people did not have TV, radio etc., then this fair was used for communication of information and important news.

That is not everything. He also played a major role during India's freedom struggle. The Uttarayani fair also played a major role during India's freedom struggle. It has seen many political and social revolutions. In Bageshwar itself, many activists including Pandit Badri Dutt Pandey revolted in 1921 for the abolition of coolie beggars (bonded labourers).

In 1929, Mahatma Gandhi also visited Bageshwar in Uttarakhand district.

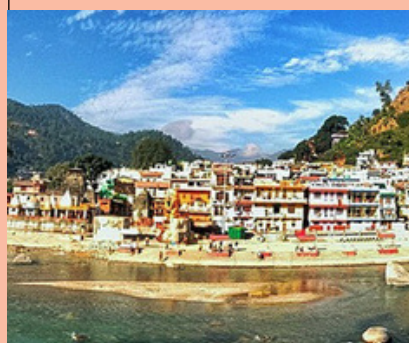
Major attractions of Uttarayani Mela 2023

1. Folk dance and singing performance

During the fair, local artistes perform regional songs and display several folk dance forms such as Choliya, Jhora, Chanchari, and many more.

2. Chickpeas

Choliya is a folk dance that belongs to the Kumaon region of Uttarakhand. It is performed by a group of men and women dressed in colorful attire.



3. Jhora

It is also known as Kumaoni Jhora which is a hill Jhora dance performed by a group of women singing their folk songs in Kumaoni languages.ajor role during India's freedom struggle. It has made many states



4. Shop at Uttarayani

If you are in Uttarayani fair, you will get to know about the lifestyle of the local people

and one of the major things to do is to explore the local shops in the fair. Various household and handicraft items are sold here. Some of them are casks, bamboo items, baskets, copper utensils and many more.



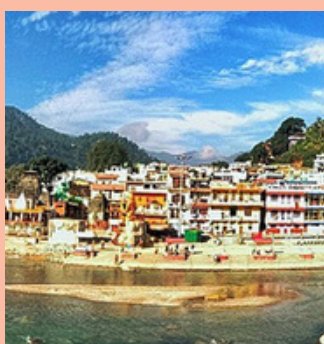
5. Bagnath Temple

This ancient temple is one of the most popular temples in Uttarakhand. Every year, a large number of Hindu devotees visit the temple to seek blessings from Lord Shiva. It is situated at the confluence of Saryu and Gomti rivers. The architectural marvel is built in basic North- Indian city architecture. During Shivratri, the temple looks more cheerful and cheerful.



6. Fun Activities

Uttarayani Mela, apart from its cultural aspects, also has the perfect fun element for you. You can enjoy amazing food here, as there are many food stalls offering a variety of cuisines and common street food. Some fun and adventure rides are also scheduled here, like roller coaster, merry- go- round, etc.



Ms.Preeti Soraagi
B.Ed Batch (2022- 24)





Mr. Vikash Gupta
B.Ed. Batch (2022-24)

बचपन जिसे सब याद करते हैं। चाहे कोई जवान हो या वृद्ध।
ये हमारे जीवन का एक अहम हिस्सा है जिसे हर कोई दोबारा जीने की चाह रखता है।
बचपन की जिंदगी की तो बात ही क्या!
मम्मी, पापा, अंकल आंटी, दादा दादी, नाना नानी, सबकी आंखों के तारे होते थे हम।
उनकी आंखों से थोड़े दूर क्या हुए की बस याद आनी शुरू हो जाती थी। खेल खेल में सब कुछ सीखने
की कोशिश करते थे, तो कभी बड़ों की तरह रहने की नकल किया करते थे।
ना खाने की फिक्र होती थी ना सोने की चिंता।
जैसे कोई संन्यासी बिना संसार की चिंता के जीवन जीता है।
दोस्त भी ऐसे होते थे की कुछ अलग ही दुनिया से आए लगते थे।
पल में नाराज हो जाते थे तो अगले ही पल सब कुछ भुला कर गले लग जाते थे।
एक दूसरे का टिफिन भी बांटने से नहीं कतराते थे। अगर कभी गुरु जी की पिटाई से रोते थे तो यही चुप कराते
थे।
क्या दिन थे वो जिनकी याद से ही चेहरे पे खुशी आ जाती है।
सांप सीढ़ी, पीठू गर्म, चोर सिपाही, लुका छिपी, सीपी ये कुछ खेल याद आते हैं, जब बचपन की यादें
ताजा होती हैं।
कभी कभी मेले में मम्मी पापा के साथ जाते थे और वहां कोई खिलौना पसंद आ जाता था तो जब
तक मिलता नहीं था तो जिद्द करने लग जाते थे। और जब खिलौना मिल जाता था तो इतना खुश
महसूस करते थे जैसे कोई खजाना मिल गया हो।
खिलौने के साथ खेलते खेलते उनकी आवाज निकालते थे और खुद ही कलाकार बन जाते थे।
सुबह से लेकर रात तक मम्मी के बिना बिलकुल नहीं रह पाते थे और आज वो ही बड़े होकर अकेले
रहना सीख जाते हैं।
बचपन किसी राजा के जीवन को जीने जैसा एहसास है जिसमे बच्चा अपनी हर इच्छा पूरी करता है।
सबका चहेता होता है।
शायद ये ही बचपन की छाप है जो जीवन भर इंसान की यादों में रहती है।
ये बचपन ही है जिसके कारण माता पिता, दादा दादी, नाना नानी अपने बच्चों और नाती पोतों में
अपना बचपन दोबारा जीने की हर संभव कोशिश करते हैं और उनके साथ बच्चा बनने की कोशिश
करते हैं।
ये बचपन ही है जो हमें जीवन की शुरुवात से अंत तक किसी न किसी रूप में कुछ न कुछ सिखाता
ही है



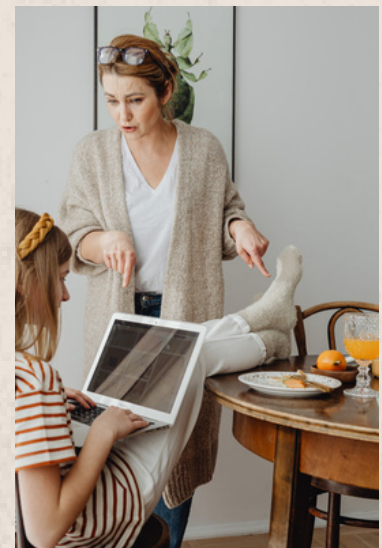
STUDY OF BEHAVIORAL INCIDENCES AT SCHOOL LEVEL

Behavioral issues involve a pattern of disruptive behaviors in children that last for at least 6 months and cause problems in school, at home, and in social situations. Nearly everyone shows some of these behaviors at times, but behavior disorders are more serious.

Behavior problems arise from external influences whose effects are not often noticed or understood by others. Often, emotional and psychological factors in apparently normal children are not readily seen or understood but are often labeled as depression, hostility, withdrawal, or daydreaming to combat the stress. As the increasing behavior issue among students within the schools.

An Interschool conclave YUGMA has been conducted BY Mussoorie International School where various schools from Dehradun and Mussoorie like Woodstock School, Okgrove school, and Wynberg Allen have participated.

I got the opportunity to be a keynote speaker in this conclave where I spoke about how behavior incidence can be reduced in schools. It was appreciated by the Principal of Mussoorie international school Ms. Meeta Sharma.



Ms. Nida Kaushal
B.Ed. Batch (2022-24)



HAPPY LIVING

Ms. Durga Tamuli
B.Ed (2022-24)



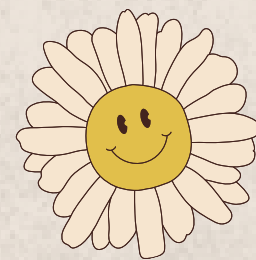
Over millenniums of evolution, mankind now finds itself in the grips of the digital world. In the post-pandemic world, it is a new vogue; and, a necessity. The agricultural, economic, and educational sectors, all depend upon it. We have advanced as a species, but are we more at peace? Sometimes, our professional life never seems to cease, for we are always connected. The urge to be constantly updated never ends. Applications that leave us with no choice but to always stay on top of what happens in others' lives. We are bound to our screens, always distracted, and ever drained of time and energy; as we lose the sense of our own identity, forgetting that social media shows only the most perfect aspects of people's lives. Unprecedented stress lies upon our shoulders, as we struggle to keep track of emails and deadlines.

These new career paths do not coincide with the circadian rhythm of human beings and can lead to severe physical and mental complications. Our integrity and patience are slowly getting replaced with intolerance and competition. Being 'happy' loses all meaning.

We can aid ourselves by practicing affirmations, maintaining a good diet, adopting a healthy sleep cycle, doing regular exercise, doing yoga, reading, talking to actual people, and most importantly, going off electronics for extended periods. Maintaining a fixed time for responding to texts can help us reap the benefits of technology more appropriately.

Dheere bolo, Kam bolo, meetha bolo.
(Speak soft, speak less, speak sweet).

BK Sister Shivani



Let us all try to give a deeper, non-materialistic meaning to our life. May we be grateful for all that we have and try our best to create a happy, peaceful and blissful environment.



IMPORTANCE OF FINANCIAL EDUCATION FOR CHILDREN



All we know is that the term finance is related to money, but what it means, let's understand today the term financial education.

"It is the ability to understand and effectively use various financial skills, including personal financial management, budgeting, and investing."

In simple terms how effectively, a person can manage the earned money? Only 27% of Indian adults, 24% of women, and 16.7% of Indian teens meet the minimum level of financial literacy as defined by the Reserve Bank of India, which is lower when compared to countries like the United Kingdom (67 percent), Singapore (59 percent), and the US (57 percent).

Indian families love to talk to their children about history, culture, mythology, values, ethics, character, etc. Ask them to discuss money with their kids, and they feel their children are not old enough.

This in-exposure to money matters is done consciously or subconsciously by most parents.

For example, consciously hiding any financial difficulties they may face to keep the child blissfully unaware. One of the biggest possibilities for this is because that is how it has been through generations. It is about time we stop this conscious or subconscious habit of keeping our children out of financial discussions because of the feeling that our children are not old enough.

Though it is not wise to involve children in grave financial problems, we can start involving them in everyday money matters such as household expenses to open their minds to the basic financial aspects of everyday life.

When you inculcate financial literacy in kids at a young age, they end up becoming financially responsible adults. For example, children should be taught at an early age that there is power in saving. They should be taught to avoid borrowing or living beyond their means. They are able to differentiate between their wants and needs.

If children understand the concept of financial markets as per their age, this can prevent them from investing in the wrong financial instruments later. When children are aware of the concept, they can influence their families by sharing knowledge on the importance of savings and taking the necessary steps to better manage their money. Thus, spreading the concept of financial literacy and creating financial awareness among children can be a great help. Like a tree needs years to grow, financial skills cannot develop overnight, it is a habit or behavior of an individual that needs to be inculcated in children from the very beginning with their parents and teachers. As money is an essential commodity and it is important to master personal money management to achieve and sustain a decent financial lifestyle.



Ms. Anchal Shalyaj
B.Ed. Batch (2021-23)



ADVERSE EFFECT OF USING MOBILE PHONES ON CHILDREN

Ms. Pooja Verma
B.Ed. Batch (2022-24)



The use of mobile devices has become ubiquitous in our society, with even infants and young children being exposed to them. While mobile devices can be useful tools for learning and entertainment, excessive use by infants can have negative effects on their cognitive, social, and emotional development.

One major concern is that mobile devices can interfere with the development of language and communication skills. Infants and young children learn language through social interaction and observing people around them. However, when they are constantly engaged with a mobile device, they are not getting the same opportunities to interact with others and to observe and emulate language. This can lead to delays in language development and difficulty with social interaction.

Mobile devices can also negatively impact cognitive development. Research has shown that infants and young children who spend a lot of time on mobile devices have a harder time focusing and paying attention. This is because mobile devices are designed to be highly engaging and keep the user's attention, making it difficult for children to focus on other tasks. Additionally, mobile devices can make it difficult for children to distinguish between fantasy and reality, which can affect their ability to understand and process information.

Another concern is that mobile devices can interfere with sleep. The blue light emitted by mobile device screens can inhibit the production of melatonin, which is a hormone that regulates sleep. As a result, infants and young children who spend a lot of time on mobile devices may have difficulty falling asleep and may have disrupted sleep patterns. This can lead to fatigue, irritability, and learning and memory difficulties.

Mobile devices can also lead to behavioral problems in infants and young children. For example, children who spend a lot of time on mobile devices may become more passive

And less inclined to engage in active play. They may also become more impatient and have difficulty waiting for things. Additionally, children who are exposed to a lot of violent or inappropriate content on mobile devices may become more aggressive or anxious.

It is important for parents to be aware of these potential negative effects and to take steps to limit the amount of time infants spend using mobile devices. This can include setting time limits, ensuring that the content they are exposed to is age-appropriate, and encouraging other forms of play and learning.

One way to limit the amount of time infants spend on mobile devices is by setting time limits. Parents can use apps or settings on the device to set a specific amount of time that the child can use the device each day. This can help ensure that the child is not spending too much time on the device.

Another way to limit the amount of time infants spend on mobile devices is by ensuring that the content they are exposed to is age-appropriate. Parents should be mindful of the apps and games that their child is using and should monitor the content to ensure that it is appropriate for their age. This can help prevent children from being exposed to violent or inappropriate content.

Finally, parents should encourage other forms of play and learning for their children. This can include reading books, playing with toys, and engaging in outdoor activities. These activities can help to promote the child's cognitive, social, and emotional development, and can provide a healthy balance to the time that the child spends on mobile devices.

In conclusion, mobile devices can have many negative effects on infants' cognitive, social, and emotional development. Parents should be aware of these potential negative effects and should take steps to limit the amount of time infants spend using mobile devices. They should also ensure that the content they are exposed to is age-appropriate, and encourage other forms of play and learning. By taking these steps, parents can help ensure that their child's development is not negatively affected by mobile devices.





मेरी कलम

मेरी कलम से रूबरू में खुद नहीं हूँ।
ये उठती है तो शैलाब उड़ता है।



खामोश बैठी थी इस आस में,
की शायद कोई साथ में खेले

हाँ मैं गहरे विचारों वाली हूँ।
लड़कियों को चहकने की इजाजत नहीं

मौन हूँ, सहमी हूँ, ताकतहीन हूँ
हाँ में अपने खुद के विचारों से बंधी हूँ।

सपने हजार हम भी रखते हैं जनाब
बस गरीबी के बोझ तले झुक जाते हैं।

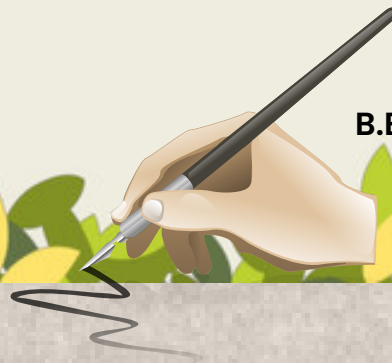
एक आस लगाए बैठी हूँ, एक ख्वाब सजाये बैठी हूँ
की अब भी इस लाश में प्राण बचाए बैठी हूँ।

साक्षात्कार अपना सिर्फ मनुष्य खुद जानता है।
अगर बाहर पता चला तो राख मिलेगी बस ।

मेरे दिल के जज्बात मैं बयाँ कैसे करूँ।
ये स्याही भी रोकती है रुकने से मुझे ।

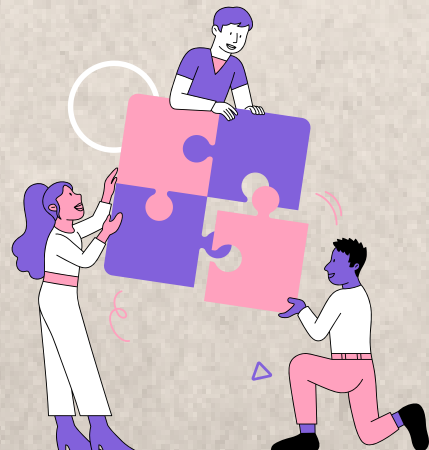
अपने सपनों के बुने जनजाल में फंसना चाहती हूँ
अपने सपनों के बुने जनजाल में फंसना चाहती हूँ।
हाँ....., हाँ मैं पढ़ना चाहती हूँ।

गीतांजलि बिष्ट
B.Ed. Batch (2021-23)





EVENTS, ACTIVITIES AND STUDENTS ACHIEVEMENTS



MY COLLEGE TRIP OF TREKKING AND CAMPING - CAMPUS TO CORPORATE CLUB

College Time is that time in the life of every college student which is always considered to be memorable and appreciating. As a young, enthusiastic college troupe, there is not a greater trekking challenge to be enjoyed than the Kantal trek situated in Dhanaulti Uttarakhand. Around 150 college troupes were gathered to enjoy the adventure and the nature of Uttarakhand. Three buses were booked which gave us an enjoyable and adoring experience to view the mountains from the roadside. Our trip was for 2 days, and we reached there after traveling 4 hours on the curvy and scary road, we were allotted a camp in the middle of the mountains to stay which was my very first experience for me. In the night we had a bonfire with Registrar Sir, teachers, and peer group. It was really crazy time when we gossiped, danced too many filmy songs, shared thoughts of life, and had great fun with friends. The next morning we were ready for the adventure and Trekking



Camping is a new Vogue!

Camping offers a unique opportunity to embrace nature In its pristine And what more one can ask for if he is in the Domain of Magnanimous Himalayas? Perched at an altitude of 2286 meters above sea level the quiet environs of the Dhanaulti, amidst the alpine forest of deodar Rhododendrons and Oak, never ceases to amaze the travelers who intend to explore it. Flanked by the towering peaks of Top Tibba and Topawan Top on both sides Camp Dhanaulti Magic is certainly one of the best camping resorts in Dhanaulti. The tranquil aura and the spectacular vistas here are sure to make your heart skip a beat!

Whispering Pines is set in the heart of the Indian Himalayas amidst dense forests of Pine, Cedar, Oak and Rhododendron Stunning vistas of the snow-clad Himalayas and lush green captivating valleys create an unparalleled aura here.

Trekking gives us time for reflection which promotes clarity. Clarity significantly improves decision-making abilities walking in a group on mountains is a great experience. Unforgettable is all I can say about my first trekking experience beautiful views mountains greenery the trail itself weather far away from the crowd and boring daily routine and probably most important traveling with friends made this experience a memorable one. Other

The life lesson which I learned from the trekking journey was long and filled with challenges it requires you to be physically and mentally strong on a hiking trail, and you will learn that as long as you keep moving forward you will go places you just need to keep putting 1 foot ahead of the other. Trekking teaches the lessons of teamwork and Stepping out of your comfort zone, All you need are the Basics, Finding the true meaning of peace, Getting back up, and The view at the end.



Ms. Monalisha
B.Ed. Batch (2022-24)

SARASWATI PUJA

ओम ऐं ह्रीं क्लीं महासरस्वती देव्यै नमः।



Worship of the divine Goddess of knowledge and learning Saraswati began with Saraswati aavahan, in my department "ICFAI Education School", of ICFAI University. Celebrated with our Hon'ble Vice Chancellor, Prof. Dr. Ram Karan Singh ji, respected Registrar Brig. Rajiv Sethi ji, Dean Dr.Meena Bhandari mam, and faculty members.

Ms.Shalini Gupta respectfully welcomed VC Sir with gratitude towards him and the faculty members. Lakshy Gupta tells about the importance of Vasant Panchami. all the girls were in Yellow saree and the boys were in yellow kurtas which was the perfect attire for the puja.

Everyone participated in Havan conducted by pandit ji to worship the goddess Saraswati. After that murti sthapna is fine by VC sir.

The idol of Saraswati is placed in the hall and is beautifully decorated with flowers. Saraswati puja concluded with Prashad distribution.

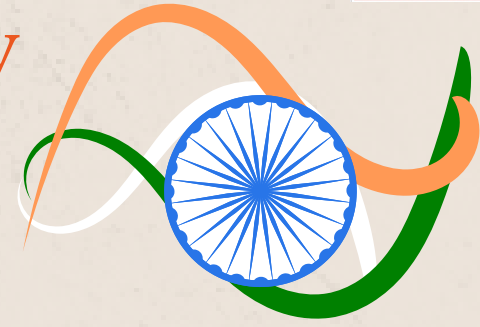
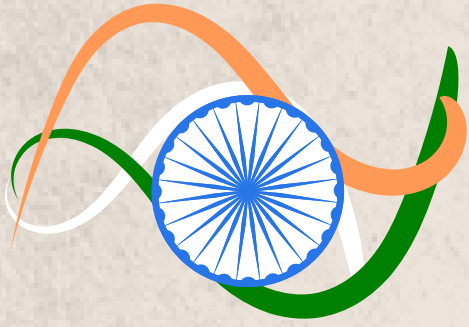
There is an educative value to the Saraswati Puja festival. Students learn how to be spiritual and respectful. They know qualities like leadership, team building, and cooperation. It instills the feeling of brotherhood and teaches the students to interact with each other peacefully and strengthen the bond of friendship.



Ms. Neha Adhikari
B.Ed. Batch (2022-24)



Celebration of 74th Republic Day



With India celebrating 74th Republic Day, The ICFAI University, Dehradun proudly organized and celebrated the national day on 26th Jan 2023. Republic Day marks the adoption of India's constitution and the country's transition to a republic on January 26, 1950. Every year, the celebrations marking the day feature spectacular cultural performances.

The celebrations, inaugurated with hoisting the National Flag along with the National Anthem on the IUD campus, followed by the motivational speech by the Hon'ble Vice Chancellor, Prof.Dr.Ramkaran Singh and Respected Registrar, Brig.Rajiv Sethi to highlight India's unity in diversity and its rich cultural heritage by the states of India by building beautiful tableaux.

The students participated enthusiastically in different cultural activities to celebrate the feeling of oneness.



कुछ नशा तिरंगे की आन है,
कुछ नशा मातृभूमि की शान
का है,
हम लहराएँगे हर जगह ये
तिरंगा,
नशा ये हिंदुस्तान की शान
का है

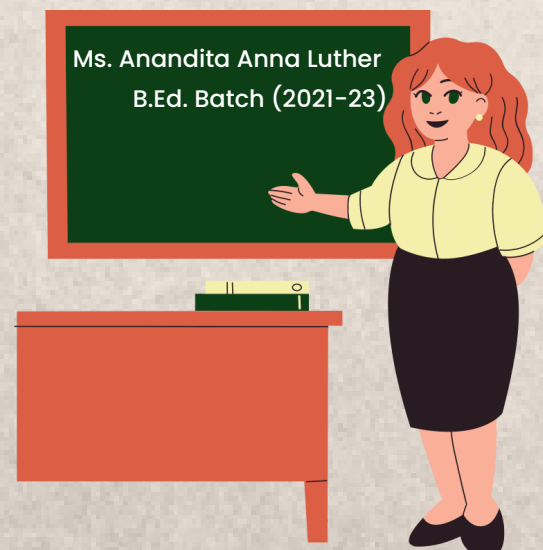


To improve the learning outcome at the elementary level, NISHTHA or National Initiative for School Heads and Teacher holistic advancement was launched by the Department of School Education and Literacy as a national mission. The main aims of the program are designed to augment the quality of school education via cohesive teacher training and equipping and motivating teachers to encourage students' critical thinking and decision-making ability.

The course covers a vast range of topics such as School safety and security, Personal social qualities Health and well-being, School leadership qualities, Learner-centered pedagogy, School-based assessment, Inclusive education, Pre-vocational education, Use of information and communication technology in teaching, Use of Artificial Intelligence for better learning of students, Competency-based testing and learning, Environmental concerns and youth club and Initiative in school education including the library.



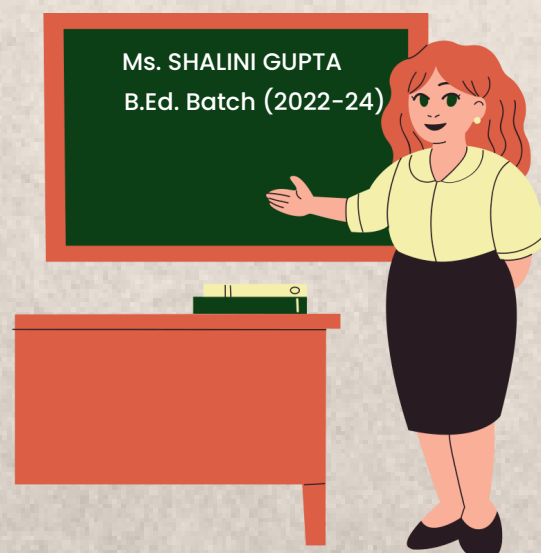
It empowers teachers to act as students' counselors by becoming vigilant and accountable for their social, emotional, and psychological needs while developing the learning outcomes of students. Teachers are able to shift from rote learning to competency-based learning along with activity-based learning, creating an inclusive and refined classroom environment. Teachers are trained to strengthen the social-personal qualities of the students and their holistic development establishing a safe and healthy school environment. Integrating information and communication technology (ICT) is merged with assessment and teaching-learning. A stress-free school-based evaluation in order to increase innovation and creativity among students concentrating on growing learning capabilities and using art as a tool while teaching. Teachers are an indispensable part of the education setup and pillars of society and play a crucial role in the country's advancement. Therefore, it is central to provide them with appropriate training and upgrade their skills NISHTHA thus, is beneficial in the enhancement of their skill.



STUDENTS ACHIEVEMENT



Ms. Shalini Gupta , student of ICFAI Education School, IUD participated in Swachh Bharat Mission Grameen phase -II Quiz and she successfully completed this quiz with sincere efforts and complete dedication.



STUDENTS ACHIEVEMENT

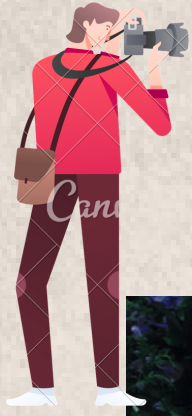


Mr. Simarjeet Singh Dang, student of ICFAI Education School, IUD, has participated in NATIONAL CONSTITUTION QUIZ held on 26 NOVEMBER 2022. He has shown complete dedication and sincerity in completing this quiz on 5/1/2023 by giving 100% result.

Mr.Simarjeet Singh Dang
B.Ed. Batch(2022-24)



PHOTOGRAPHY & PAINTING DIGEST



Pranjali Bisht, B.Ed. Batch (2021-2023)



Saloni Narula, B.Ed. Batch (2021-23)



Keshav Singhal, B.Ed. Batch (2021-23)



INTERNSHIP TRAINING SESSIONS

INTERNSHIP

- Micro-Teaching
- Macro-Teaching
- Four Months of Internship



EXTERNAL EXAMS

- DRAMA AND ART
- GUIDANCE AND COUNSELLING
- FINAL TEACHING PLANS
- PRACTICAL PRESENTATIONS
- VIVA - VOCE

THE EXAMINERS





INTERNSHIP AND FINAL TEACHING 2022

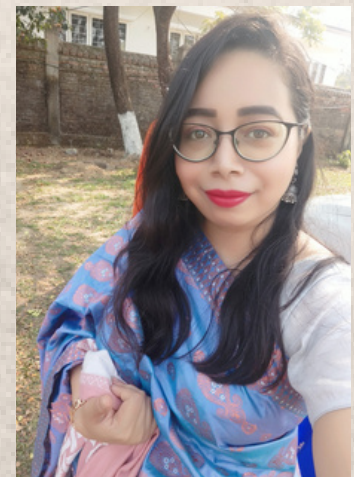
Theories are important, so is applying those theories into practice. That's what the two months internship in the B.Ed course does. It helps us apply every theory that we read during the first two semesters into practice.

Our (Batch 2021-23) Internship journey begun on 19th of September 2022 and continued to 30th November 2022. It was a wonderful learning experience in those two months. Being around the students, teaching them, learning from the fellow teachers, it was all worth it. I was already working as a PGT in the school where I did my internship. So it was not difficult for me to be around the students as I knew them well. Students too enjoyed the time, especially when there was an observation of my class by the faculties of the department of IEdS-IUD. They were very attentive like always and would ask me how I did in my test.

Following the internship, we had our final teaching at Govt. Model School, Telpura in Dehradun. The final teaching was for two days, i.e. 13th and 14th of December 2022. It was a lifetime experience to teach students whom you have just met. The students were lovely and cooperative. Everything was organised really well and, we all had a lot of fun during these two days in the school as well as at the hostel.



Addressing students of Govt. School in Dehradun
Prof.Dr. Ramkaran Singh -Vice Chancellor-IUD



Ms. Shraddha Gogoi
B.Ed. Batch (2021-23)

IEDS FACULTY



IEDS FACULTY



Dr. Meena Bhandari
Dean, IEdS
Ph.D. (Education), NET
M.A. (English)
LLB, M.Phil (Education)



Ms. Atulya Verma
Academic Coordinator IEdS
Ph.D. (Pursuing), NET
M.A. (English), M.A. (Education)



Ms. Swati Raturi
Faculty Associate-IEdS
Ph.D. (Pursuing)
B.Com, M.Com
B.Ed, M.Ed



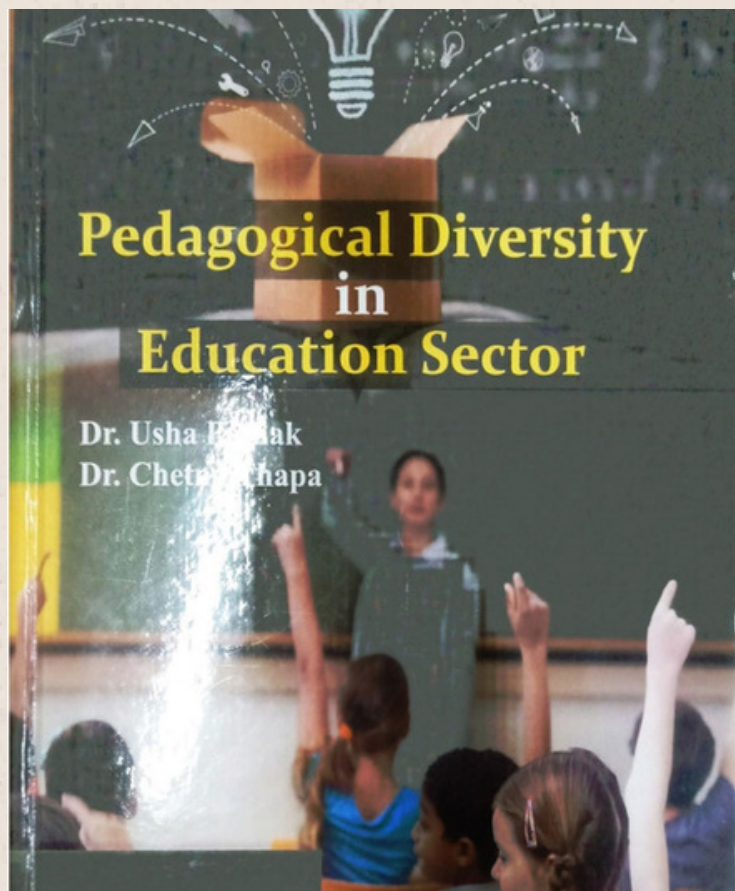
Ms. Natasha Pallavi
Faculty Associate - IEdS
Ph.D. (Pursuing) M.A. (Education),
M.A. (Geography) B.Ed,
PGDBA, PGCCC



CERTIFICATE OF APPRECIATION

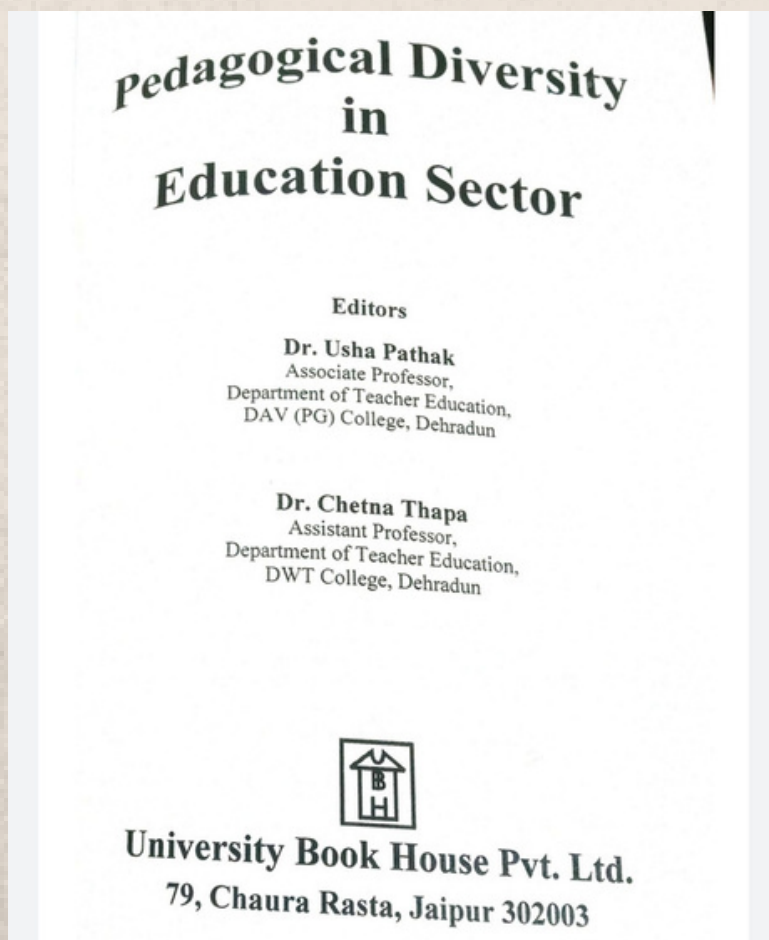
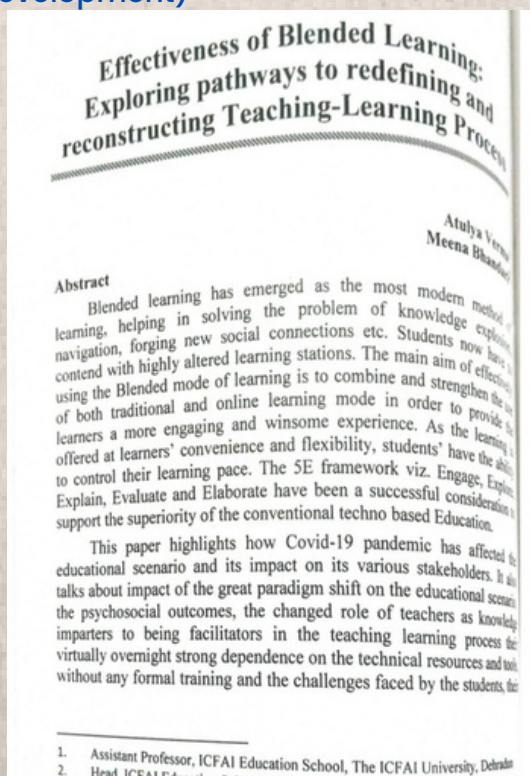


Ms Atulya Verma
Academic Coordinator, IEdS



1. She has co-authored a chapter titled "Effectiveness of Blended Learning: Exploring pathways to redefining and reconstructing Teaching- Learning Process" in the book titled Pedagogical Diversity in Education Sector.

2. She has successfully completed the course on SEL for Teachers by UNESCO MGIEP (Mahatma Gandhi Institute of Education for peace and sustainable development)



CERTIFICATE OF PARTICIPATION

 **Indian Institute of Management and Commerce** 
 UG & PG College - Sponsored by VASAVI FOUNDATION Affiliated to Osmania University
(ACCREDITED BY NAAC WITH "B⁺⁺" GRADE)
 6-1-91, Adj. Telephone Bhavan, Khairtabad, Hyd-500004
(Internal Quality Assurance Cell) IQAC

 **CERTIFICATE OF PARTICIPATION**  **INSTITUTION'S INNOVATION COUNCIL**
 (Ministry of Education Initiative)

This is to certify that **MRS SWATI RATURI, RESEARCH SCHOLAR** of **ICFAI University** has participated in National Online Workshop on **"Research Ethics and Identifying Predatory and Cloned Journals in Publications"** organized on **25.11.2022.**

Resource Person: Prof(Dr) Sumit Narula, Deputy Director, Amity University.



R. Raghavendra Rao,
Convenor



K. Shailaja
Head,
Department of
Commerce



K. Raghuvver,
Principal

Ms. Swati Raturi, Faculty Associate, ICFAI Education School, IUD participated in the National Online Workshop on "Research Ethics and Identifying Predatory and Cloned Journals in Publications" organized by the Indian Institute of Management and Commerce held on 25th November 2022.



Ms. Swati Raturi
Faculty Associate, IEdS-IUD

CERTIFICATE OF APPRECIATION



Ms. Natasha Pallavi
Faculty Associate, IEdS



An initiative launched by the Ministry of Home Affairs requires all government organizations to create an action plan to spread cybersecurity awareness. It is observed on the first Wednesday of every month. The purpose is to create awareness and sensitize Internet users on safeguarding against cyber fraud and cyber crimes.

Cyberspace is a complex and dynamic environment of interactions among people, software, and services supported by the worldwide distribution of Information and Communication Technology (ICT) devices and networks. On the one hand, cyberspace, which cuts across global boundaries has brought in the latest innovative technologies and modern gadgets, while on the other hand, it has inevitably led to increased dependencies on computer resources and internet-based professional, business, and social networking. The exponential increase in the number of internet users in India and the rapidly evolving technologies have also brought in its own unique challenges, besides aggravating the existing problems of cyber crimes, which is one of the fastest growing forms of transnational and insidious crimes. These technological developments have also led to the proliferation of cyber crimes, which is one of the fastest-growing forms of transnational and invisible crimes. The borderless nature of cyber crimes poses challenges in responding effectively due to the limits of cross-border investigation, legal and jurisdictional challenges, and diversity in the technological capabilities to combat this virtual crime space spread across the globe.



Cyber crimes are generally understood as malware. attack (use of malicious software like ransomware, viruses, trojans, spyware, bots, etc.), phishing (capturing sensitive information like username, password, credit/debit card details using fake websites, emails, etc.), attacks on critical infrastructure, unauthorized data access (data breach), online financial frauds, crimes against women and children like cyber stalking, child pornography, etc. It is also seen that around 60% of the cyber crimes reported on National Cyber Crime Reporting Portal relate to online financial frauds.

Cyber crimes can be prevented through 'Cyber Hygiene' by inculcating habits of taking basic care of ICT devices at regular intervals such as, properly shutting down the computer, changing passwords at regular intervals, being cautious against the opening of phishing websites along with other websites, precautions to be taken while handling social media platforms, protection against data theft, collection and disposal of e-waste, etc.

As a part of 'Cyber Jagrookta Diwas' basic protocols of Cyber Hygiene should follow, some of which are mentioned here, to name a few: shut down the computer, Install and maintain up-to-date anti-virus software on your computer or device, keep your internet browser up-to-date, be alert to unusual computer activity or problems, use a modern browser with features such as a pop-up blocker, change your passwords often, beware of links sent via instant messaging and e-mail attachments, don't open emails or attachments from people you don't know, don't become online 'friends' with people you don't know, be very careful about sharing content online, use the strongest privacy setting when you set up your profile, avoid joining unknown Wi-Fi networks and using unsecured Wi-Fi hotspots, do not share any information related to sensitive and financial aspects in social networks.



A Good Teacher can Inspire HOPE, Ignite the IMAGINATION and Instill a LOVE of LEARNING



<https://www.linkedin.com/pulse/good-teacher-can-inspire-hope-ignite-imagination-instill-pallavi>

Nai Talim is a principle which states that knowledge and work are not separate. Father of nation, Mahatma Gandhi promoted an educational curriculum with the same name based on this pedagogical principle. A school, where kids are not bound in classrooms, not bound by a curriculum where, "passing" is mandatory, where grades do not matter; what matters is making the child think, let his/her thoughts get direction, creativity flows freely and true education takes place. Here the classroom facilitates real learning. Here the teachers get an opportunity to let the child explore his/her true potential and role of the teachers is to mould that tremendous energy into a responsible and talented individual.

Sounds unreal? Not actually. But we cannot deny the fact that schools these days have lost that sheen and have made teaching – learning process marks or grade based system. Students who score more are given more attention and those who fail to do so are often neglected. Nothing wrong per say, its basic human nature, to bring out the best of the best. But what about those who lack behind? Are they dumb? Can they achieve nothing?

Probably schools fail to identify the problem of the kids who do not perform as per the established norms. The kids who can't cope up with the rest of the class might be having some issues; physical (eyesight, hearing difficulty, speech or any particular disease), psychological (anxiety, depression, learning disability or family environment), behavioral (lack of attention, anger, perception). It is easier to identify physical issues, but its needs experience and expertise in identifying issues like learning disability. Brains operate differently. Learning occurs in different manners.

The teacher must be able to determine if a child is exhibiting an alternate learning pattern or if the child has a learning problem. If the teacher suspect there is a learning problem then it is necessary to seek assistance from the experts.

Meanwhile to make sure that he child is facing some difficulty; the teacher can make few changes in the classroom to ease the child. The child can be made to sit closer to the teacher and can be given more attention while teaching.

Once the teacher identifies the child who is facing problems in learning, he/she can try to understand the NATURE OF THE PROBLEM. The teacher at the same time should intimate the parents and explain to them, the difficulties faced by the child. This will help the teacher in gaining confidence of the parents and at the same time it will act as a support for the child.

The teacher then can take help of the school counselor and assess the gravity of the problem. Unfortunately many schools do not have a counselor on campus or even if they do, it's only on paper. School counselors are important not only from the point of identifying slow learners or kids with learning difficulties but also to tackle the issues like exam pressure, peer pressure, bullying, diet issues, behavioral problems, etc.

Secondly the good teacher will make it a point to not let other kids make fun of the child having learning issues. It is really important to keep the motivation level high of the kids. They should not feel alone or left out; this feeling of "being different" can leave a mark on their self esteem.

The teacher has to have patience and make sure that the child is not developing a dislike towards a particular subject or school.

Making statements like, " You are good for nothing", " You can do nothing in your life", " Your parents have not taught you properly", " You are acting so as to get excused from class work", " You are dumb, you cannot get decent marks in test" will demoralize the child and it leave create a huge dent on self esteem.

School teachers spend almost 6-7 hours with the child and hence it is very important that proper training if given to teachers to identify kids with learning difficulties. Even if training is not provided, Correct Observation, Unbiased assessment, Patience and Open communication with the child and parents can be the first step towards helping the child.

Teachers can make some observations by noting down specific points such as difficulty in reading, writing, listening, Maths, not able to hear or visualize in her/his diary. Observations with respect to behavior of other kids, their test scores, actions directed at other kids can be made. They can also make log entries.

Logging a child's behavior for two weeks should be sufficient. The teacher on her own can try some interventional methods to teach the child. The log entry should also include the intervention that the teacher used to modify the child's behavior. The log can be an added burden on a teacher's time but it is a strongly recommended procedure to follow if the teacher suspects a child has a learning problem.

Other important point is the school itself; whether the school has a formal system of identifying kids with learning disability and offering remedial coaching to them. Many schools are still unaware about the seriousness of the problem and follow the age old method of assessing the child. This can damage the chances of the kid having a normal life and career.

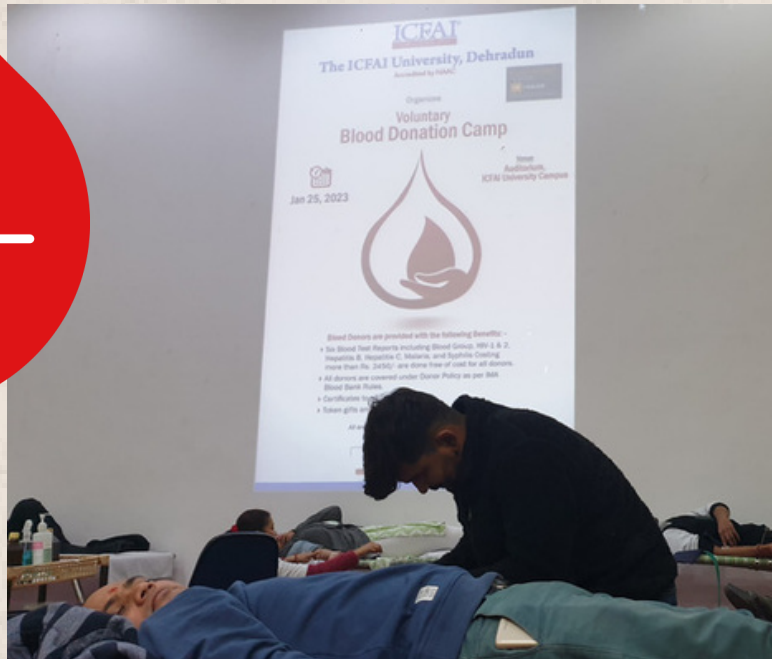
In the end, we can say that role of school and the teachers is crucial in not only identifying kids with learning disability but also in making the child a part of the society. It is the school where the child learns to be a part of bigger family and develop his/her personality. It is the teacher has the magic to turn tears into smiles, to turn failures into successes, to turn DISABILITY into ABILITY.

We all remember that one teacher who could actually understand our problem and helped us in developing the interest in the subject we disliked the most. That one teacher changed our lives forever; that teacher made us what we are today. Because sometimes what you need is someone who simply takes you as you are!



Miss Natasha Pallavi
Faculty Associate, IEdS

BLOOD DONATION



Mr.Sunil Singh,
Non Teaching Staff - IEdS

Blood is the most precious gift that anyone can give to another person – the gift of life. A decision to donate your blood can save a life. Donating blood is a vital way to help save lives. Along with helping save lives, there are a number of reasons why donating blood is important. A single donation can save three lives. One blood donation provides different blood components that can help up to three different people.

Along with University staff and students, Mr.Sunil of IEdS actively participated and donated blood in the Blood donation camp held on 25th January 2023 on IUD campus in association with IMA, Dehradun.





100% PLACEMENT

ICFAI EDUCATION SCHOOL

The ICF AI Education School, The ICF AI University, Dehradun. It has conceived and developed a unique B.Ed. and MA (Education) Program to train the teachers to meet the challenges of emerging trends and competitive environment. The curriculum and pedagogy adopted are exploratory and reflective in nature. An applied approach to learning is followed keeping in view the national and international standards of Education.

PROGRAMS

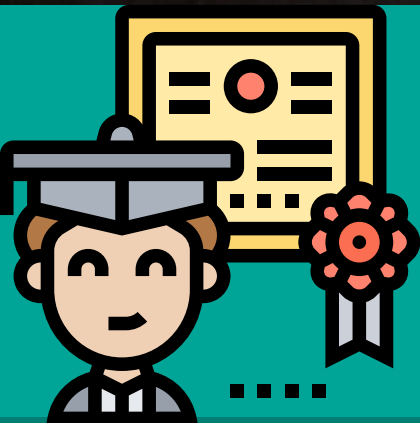
- Bachelors of Education (B.Ed.) - 2 Yrs
Bachelors in any stream with minimum 50% marks
- Masters of Arts (Education) - 2 Yrs
Bachelors in any stream with minimum 50% marks

HIGHLIGHTS

- SCHOLARSHIPS
- PREPARATION FOR CTET, UTET etc
- SOFT SKILLS TRAINING
- FOUR MONTHS TEACHING INTERNSHIP PROGRAM
- 100% PLACEMENT

PLACEMENT & PACKAGE

- THE DOON SCHOOL - 15 TEACHERS (UPTO 30 LPA)
- WOODSTOCK SCHOOL (24 LPA)
- ÉCOLE GLOBALE INTERNATIONAL GIRLS SCHOOLS (4.8 LPA)
- INTERNATIONAL SCHOOLS IN MIDDLE EAST (8 LPA)
- GOVERNMENT SCHOOLS (7TH PAY COMMISSION)



The ICF AI University, Dehradun
Rajawala Road, Central Hope Town,
Selaqui, Dehradun - 248 011, Uttarakhand