

# THE ICFAI UNIVERSITY DEHRADUN

## ICFAI EDUCATION SCHOOL



### ABOUT US

The ICFAI Education School ( IEdS) is a constituent of "The ICFAI University", Dehradun, established in 2006 to promote quality education, research, training and consultation in teaching and training. The ICFAI Education School produces well-trained, dedicated and competent teachers. The B.Ed programme of IEdS is approved by the National Council for Teacher Education.



### NEWSLETTER

MAY 2023-JULY 2023

**E-LEAD CERTIFIED**

E-Learning Excellence for Academic Digitisation

**QS I-GAUGE**

INDIAN COLLEGE & UNIVERSITY RATINGS

### VISION

To train and prepare excellent and efficient teachers who can draw out the best in a child's development in all aspects - mind, body, and spirit. IEdS endeavors to prepare quality pupil teachers who can mold the lives of prospective citizens of the country in bringing about their holistic development by arousing curiosity, developing their minds, and helping in their character formation along with awakening the light of knowledge in them.

# ACHIEVEMENT OF ICFAI UNIVERSITY

## OBE RANKINGS 2023

OUTCOME-BASED EDUCATION

### *Certificate of Excellence*

IN PURSUIT OF EXCELLENCE TOWARDS OFFERING OUTCOME-BASED EDUCATION, THIS CERTIFICATE IS PRESENTED TO

**THE ICFAI UNIVERSITY ,DEHRADUN**

Ranked in the **GOLD BAND** Grade

**R**  
World Institutional  
**RANKING** ■■■

  
Executive President

It is an honour that ICFAI  
UNIVERSITY, Dehradun have  
ranked in the Gold Band Grade by  
Outcome Based Education (OBE)  
2023 in July 2023.

## Message from the Vice-Chancellor

Prof. (Dr.) Ram Karan Singh



If we foresee the future, one can say with confidence that the application of knowledge and skills will be a key resource one has to equip to oneself, to be highly sought-after. At this juncture of life, your decision to select the right university is important because it would impact your future path for years to come. It is perhaps the biggest challenge that you and your parents are facing these days.

The ICFAI University, Dehradun encourages education that is distinctly keeping in mind the holistic growth of the students which makes them industry ready individuals. We are proud to be consistently ranked among premier institutions of higher education in India by different rating agencies in the domain of technical education, science, management, law and education. If you have the inner passion to excel, not only in the academic field, but also have a desire to give wings to your creative instincts, we offer you a platform to grow at The ICFAI University, Dehradun. Our multidisciplinary programmes are contemporary with flexibility and choices featured in their curriculum design, at par with international standards. We constantly update programmes and course content to meet the challenge of grooming professionals with knowledge and skills for the constantly changing requirements of local and global needs.

A real-world experience is a crucial component of our approach to education. Our latest curriculum supports autonomous and creative thinking, which we believe is the key to creating new knowledge and a continuous learning approach. The various research and innovation funds provision can financially support you in exploring your ideas and converting them to real life research activities. In order to enhance research, innovation, quality of teaching and to facilitate student and faculty exchanges, the IUD has collaborated with leading national and international universities. I on behalf of the IUD family welcome you to be part of the ICFAI family to pursue your future endeavours

Prof. (Dr.) Ram Karan Singh  
Vice Chancellor  
The ICFAI University-Dehradun



# Editorial Board Team



What a newspaper needs in its news, in its headlines, and on its editorial page is terseness, humor, descriptive power, satire, originality, good literary style, clever condensation, and accuracy, accuracy, accuracy!

Dear Readers  
Greetings of the day !

It gives me immense pleasure to share with you all the latest edition of the IEDs magazine Chronicle.

"The world is moved along, not only by the mighty shoves of its heroes, but also by the aggregate of the tiny pushes of each honest worker." - Helen Keller

The best thing about this issue is that it represents the creative side of IISER M students to a fair degree-something that we think we all need to reconnect with .So this time we have made an attempt to bring out the talent concealed within our student community. This issue includes articles, poems, anecdotes, art-works, a host of other things and also a parody.

Enjoy every moment you have because in life there aren't any rewinds, all you are left with are the flashbacks. We have worked hard to bring up an exhilarating flashback of the events and achievements during 2023.

I hope you will enjoy reading this edition and will give your valuable feedback for the next edition of the university magazine.  
Happy Reading !



Mrs. Shalini Gupta  
Editor  
B.Ed Batch 2022-24



Mr. Simarjeet Singh Dang  
Editor  
B.Ed Batch 2022-24

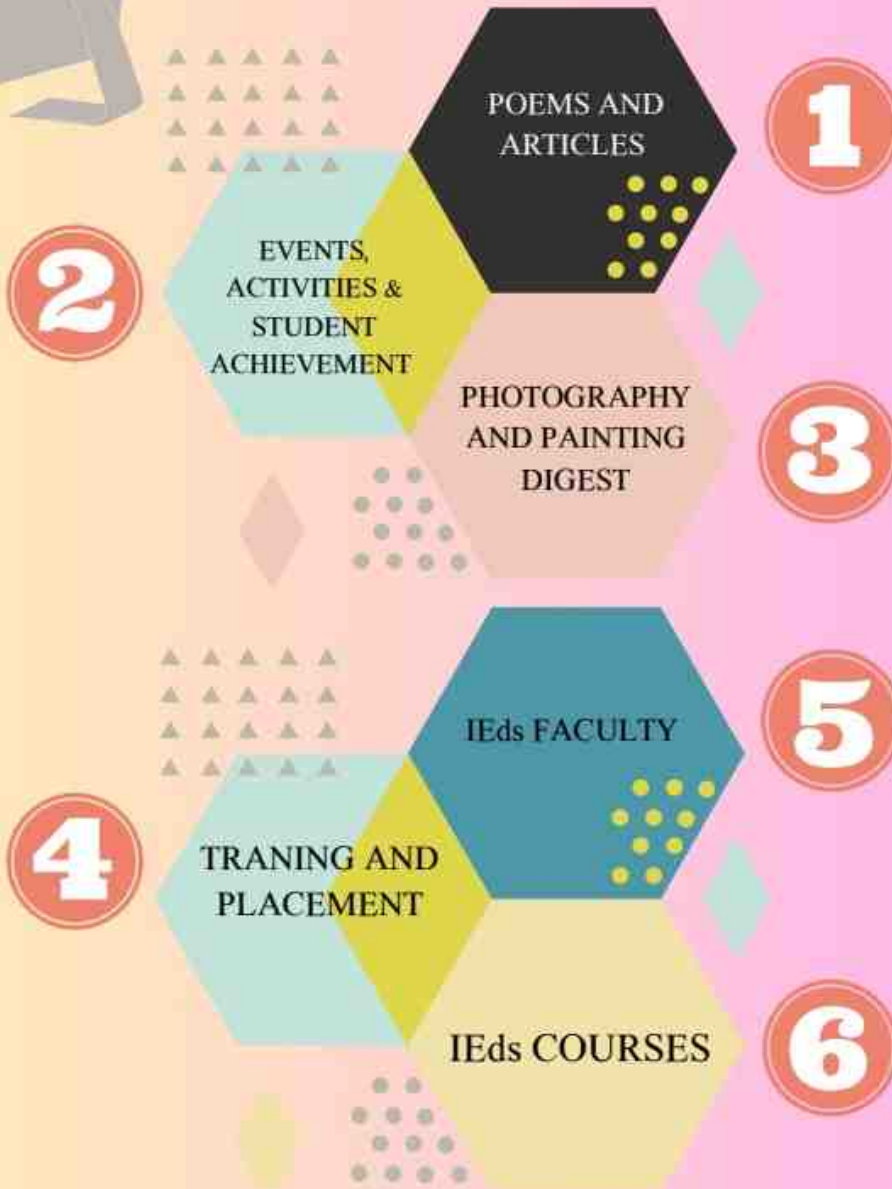


Ms. Tannavi Kumari  
Co-Editor  
B.Ed Batch 2022-24



Ms. Neha Adhikari  
Co-Editor  
B.Ed Batch 2022-24

# CONTENT



Good  
Vibes

POEMS  
AND  
ARTICLES



# Plant a Thon

Plants comprise Earth's diverse landscape, providing hundreds of unique habitats necessary for life. Flowers dance in the fields while grasses on a hill sway in the wind. Trees strut tall in their habitat and act as the Earth's dynamic lungs, powering life everywhere. Birds pick up straw, leaves, and bark, along with feathers, hairs, and other items to make a comfy nest in a tree, bush or even tall grasses. Our ancestors used thatched roofs made of grasses or palm fronds, and wood to secure homes. Industrial hemp was one of the first plants to be spun into usable fiber 10,000 years ago. plants in all their diversity keep the cycle of life moving. Every year we organize plantation drive PLANT-A-THON. This year we planted 800 plants on 2 hector of land on 9th of July 2023 in collaboration with other organisations i.e SPECS, WANDERERS and Uttarakhand Van vibhag.



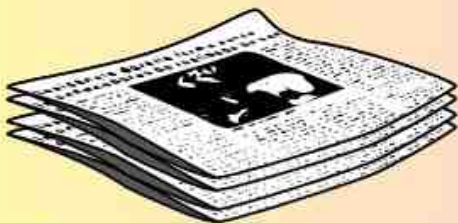
**Ms. Asmita Mehta**  
**B.Ed Batch 2022-24**



## **The Truth About Newspaper**

The newspaper have taken the place of gita , the Bibal and the Quran. For common masses, the printed sheets have become gospel truth. The fact throws a great responsibility on the editors and news writer. Newspaper have a powerful influence. The fact throws a great responsibility it is the duty of the editors to see that no false report likely to excite the public is published in their newspaper. The Editor and their assistant have to be extra carefull about the news they give and the manner in which they dress it. In a state of democracy. It is practically impossible for the government to control the press. It is the duty of the public to keep a strict watch on the newspaper and keep them on the right path. An enlightened public would refuse to patronize inflammatory or indecent newspaper.

I admit that there is enough untruth in many newspaper to cash the event. But my experience is that public criticism is affecting the policy of newspaper, which make their livelihood by adapting such policy of befooling the common masses. But I think this is no way to Condemn untruth in newspapers. I am quite clear that if newspaper weighted every word that is printed, there in we should have a speedier removal of abuses whether in the states or elsewhere. The superficiality, the one sidedness, in accuracy and often even dishonesty that have crept into modern journalism continuously mislead the honest men who want to se nothing but justice done. The sole aim of journalism should be service. The newspaper, press great power but just as an unchained torrent of water submerges whole country sides and devastates crops. So as an uncontrolled press not services but breaks the trust.



**Ms. Priyanka Goyal**  
**B.Ed Batch 2022-2024**





Enjoy  
Life

Life is God's most precious gift to us. I believe that every single day of life is special and should be lived to the fullest extent possible. Life is full of ups and downs but it is in our hands to deal with them. Life's experiences bring knowledge. Having a lot of good and bad experiences help to improve our way of thinking. It opens our mind teaches us unforgettable lessons about life, lessons that we apply in future. The great thing about life is that it goes on. It goes on so that our failures are not permanent, so that the ignorable passage of time gradually fades the horrible mistakes we've made and allow us to turn new pages every day. It goes on so that we have a second chance to get right, what we missed in the first attempt. Life is beautiful but not always easy. It has problems too and the challenge lies in facing them with courage, letting the beauty of life like a balm, which makes the pain bearable during trying times by providing hope. We shouldn't forget that there's no human being on earth strong, powerful, wise or rich, who hasn't experienced struggle, failure or suffering. I believe that difficulties test the courage, patience, perseverance and true character of human being.

Always remember that after every dark night, there's a brighter day ahead, after every difficulty there's an ease. Smile when you are sad, love what you've got, remember what you had. Always forgive but don't forget, learn from your mistakes but never regret, just remember life goes on.....

Life is beautiful just like roses but it has challenges which are like thorns and have to be faced and overcome by all. Those who accept these challenges and succeed are the ones who know how to live life in true sense. Thus, enjoy life but also be prepared to bear the pricks of pain.



Ms. Hemlata  
B.Ed Batch 2022-2024

# YOGA WAY OF LIFE

WHO defines health as “not mere absence of disease, but a state of well-being at the physical, mental, emotional, and social levels.”

The yogic way of life emphasizes the four aspects of Ahara(food), Vihara(recreation), Achara(relation n routines), and Vichara(thought process).

**Ahara** – Yoga emphasizes a balanced diet and moderation in diet. We get energy from the food we eat, so the right quantity, quality, and attitude at the time of eating is all that matters.

**Vihara** – It is an activity or hobby that involves complete participation. Remember, a passion for collecting stamps, reading books, painting, etc. as a child.

**Achara** – the daily routine/discipline which includes the practice of asana, pranayama, etc.

**Vichara** – the thought process, positive thinking.

One needs to put in effort / persevere to achieve something in life keeping in mind the four aspects of the yogic way of life, making changes in the diet, and lifestyle so one can lead a healthy life. This will eventually lead to the promotion of positive health.



Ms. Shalini Gupta  
B.Ed. 2022-2024

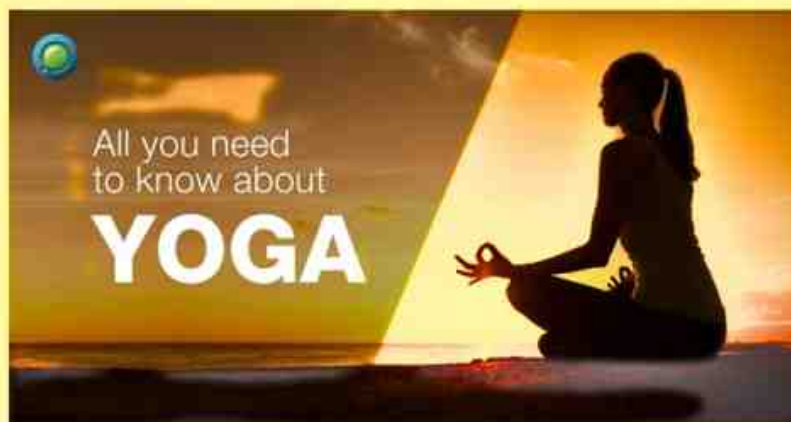
# YOGA AND MIND HEALING



We live in a world that moves forward at an increasingly faster speed. Our ways of life and our activities have evolved to meet the demands that the new lifestyle places on us. There are many methods that we use to deal with stress and pressure – unhealthy eating, snacking and consuming junk food, smoking, excessive alcohol consumption, the use of drugs and addictive substances, unhealthy social activities, and more. The list is very extensive. Very often we continue with our unhealthy activities because of the short-term peace and relaxation they provide, even though we know they are not good for us. We know that in the long term we will pay a price, physical, mental and spiritual for these short-term fixes we indulge in.

## Healthy healing through yoga :

Replacing the  
Unhealthy Infl-  
uence on our  
Lives with a hea-  
lthy one is some-  
thing we know  
We should do .



However, when the word healthy is mentioned, the thoughts that come to mind are strenuous activities, abstinence from what we enjoy and the denial of pleasures. These presume sacrifices are often enough to make us stay on the unhealthy path that we already walk. But what if there is another option – one that gives us good health, inner peace, relaxation and provides us with the strength to perform better in all aspects of our lives? Best of all, it involves no sacrifices or giving up the enjoyment of life. That is what the healing power of yoga offers.

## HOW YOGA HEALS :

The western world is today embracing yoga as a source of overall wellbeing. This has created an increased awareness of the benefits of yoga here in India, in the land of its origin. This is not a case of blindly copying the West. The awareness is, in part, due to the research that has been done in the West on the benefits of healing powers of yoga and the scientific way that the benefits of yoga are

being present. Many of the pressures of life are imports of the western lifestyle that is now a part of Indian life. So using the scientific and medical research that has been done there to explain and popularize the health and healing benefits of yoga here is logical.



#### **BENEFITS OF YOGA:**

The world accepts that yoga is a very powerful tool and therapy in the treatment of many serious medical conditions such as cancer, lung-related ailments, high blood pressure, multiple sclerosis, joint pain, insomnia and many more. However, there is still very little awareness of how yoga works and how it heals. The basic concept is that stress and disease are closely related. Current medical research shows that stress and disease are closely intertwined – perhaps as much as over 80% of sickness has a stress element.

Even a partial list of the diseases that are related to stress is frightening – cardiac disease, hypertension, depression and other mental disorders, insomnia, many autoimmune diseases, diabetes, fertility issues, digestive and bowel ailments and so many more. When we are stressed both body and mind are tensed – heart rate increases, blood pressure rises, breathing becomes rapid and shallow, muscles become tense and tight, and so on. In the short term, this natural reaction helps the body to cope with the demands placed on it. But in the long term, this increased physical and mental pressure places excessive stress on the body systems and the mind. Cortisol is the natural hormone the body produces to help the body stay active and healthy. But under prolonged stress, excess cortisol is produced which causes the metabolism to malfunction. It is like a car engine that is driven at high speed continuously. Unless it is allowed to rest and cool down, it will start to run rough. A mechanical device can be simply switched off to allow it to cool down. The body, however, does not respond in the same way. If artificial methods are used to relieve the stress, the body goes to the other extreme and the immune system does not function properly. The mind also swings from a hyperactive state to one of no stimulus, leading to depression and other psychological problems.



**Anjali Kumari**

**B.Ed batch 2022-24**

# Pain Ends

Breathe in the fresh air,  
Put your mind at ease.  
Let down your hair,  
Let it flow in the breeze.

Let your eyes wander  
To all the beauty to be seen.  
If those toxic thoughts you still do ponder,  
Then let out a scream.

Scream until the pain is gone,  
Until you no longer feel afraid.  
Open your eyes to a new dawn,  
Let the darkness fade.

No longer compare yourself  
Or your flaws to others' perfections.  
Take the negativity off the shelf.  
Focus on your direction.

Pick the sadness up off the floor,  
Sweep it into the wind.  
Close the door on self-hatred.  
Never let it back in.

For the lies it would often tell you,  
You will no longer agree.  
Happiness and love are what you should hold onto.  
They are whom you should give the key.

Pay no attention to the toxic thoughts,  
Listen to those who adore everything you are.  
Overthinking was what you once were taught,  
But now those thoughts you put in a jar.

Focus on your goals,  
Never lose your fight.  
It's time to open new scrolls.  
Everything will be all right.



Mr . Simarjeet Singh Dang  
B.Ed. 2022-2024



# CHANDRAYAN-3



Indian spacecraft Chandrayaan-3, the word for “moon craft” in Sanskrit, travels after it was launched from the Satish Dhawan Space Centre in Sriharikota, India, Friday, July 14, 2023. The Indian spacecraft blazed its way to the far side of the moon Friday in a follow-up mission to its failed effort nearly four years ago to land a rover softly on the lunar surface, the country’s space agency said. A successful landing would make India the fourth country, after the United States, the Soviet Union, and China, to achieve the feat.

According to ISRO, the Chandrayaan-3 mission has three major objectives: demonstrate safe and soft landing on the surface of the Moon, conduct rover operations on the Moon, and conduct on-site experiments on the Lunar surface.



Even though the Chandrayaan-3 mission is helmed by men, unlike the Chandrayaan-2 mission, a sizable number of women are behind the project. There are about 54 female engineers/scientists who worked directly in the Chandrayaan-3 mission. They are associate and deputy project directors and project managers of various systems working at different centres.

Dr Ritu Karidhal Srivastava, one of the senior scientists at ISRO is leading the mission.

The powerful Mark 3 heavy-lift launch vehicle, commonly known as the Bahubali rocket, is holding the lunar lander, Vikram, in place. The spaceship will travel from Earth to the moon in about a month, with the projected landing day being August 23. Vikram will function on the lunar surface for one lunar day, which is equal to 14 days on Earth....



Mr. Simarjeet Singh Dang  
B.Ed. 2022-2024

# Life Lesson on food

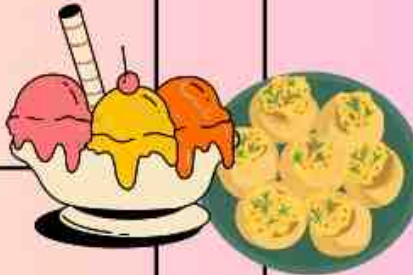


"Life doesn't need to be full of masala all the time. Sometime, appreciate the plan and simple days as well."



"You don't need to do anything big to help others. Be simple but be universal."

"Always be cool, no matter what's happening around you."



"Don't lose hope. sometime, When life breaks you, It also fills that hole with good things."

"Even your presence is enough to comfort many. Just be there."



"Be the refreshing person everyone looks for after a day full of hard work."

"Even if you're not in the best shape of your life, don't stop being sweet."



"More important than what you carry inside is how sweet you are on outside."



Ms. Tannavi Kumari  
B.Ed Batch 2022-24







# How to Protect Yourself Against Cybercrime

Protecting yourself against cybercrime is essential in today's digital age. Here are some important steps you can take to enhance your cybersecurity:

## **USE STRONG AND UNIQUE PASSWORDS**

Create strong passwords that include a combination of uppercase and lowercase letters, numbers, and special characters. Avoid using easily guessable information such as your name or birthdate. Additionally, use a unique password for each of your accounts to minimize the risk of multiple accounts being compromised if one password is breached.

## **BE CAUTIOUS OF PHISHING ATTEMPTS**

Phishing is a common technique used by cybercriminals to trick users into revealing sensitive information. Be wary of emails, messages, or calls asking for personal information, and avoid clicking on suspicious links or downloading attachments from unknown sources. Verify the legitimacy of such requests independently before providing any sensitive information.

**REMEMBER, CYBERSECURITY IS AN ONGOING PROCESS, AND STAYING VIGILANT IS KEY TO PROTECTING YOURSELF AGAINST CYBERCRIME.**

## **ENABLE TWO-FACTOR AUTHENTICATION**

Two-factor authentication adds an extra layer of security by requiring a second form of verification, such as a code sent to your mobile device, in addition to your password. Enable 2FA whenever possible, especially for important accounts like email, banking, and social media.

## **BE SKEPTICAL OF UNSOLICITED MESSAGES OR OFFERS**

Be wary of unsolicited emails, messages, or pop-up ads offering deals that seem too good to be true. These could be attempts to trick you into disclosing personal information or informed about the latest cybersecurity threats and best practices. Regularly educate yourself about new scams and techniques used by cybercriminals to avoid falling victim to their tactics.



Ms. Tannavi Kumari  
B.Ed Batch 2022-24

**NURTURE  
THE  
NURTURER**



Giving provides an intrinsic reward that is far more valuable than the gift we receive. As Mahatma Gandhi said “The best way to find yourself is to lose yourself in the service of others.” True joy lies in that act of giving without an expectation of receiving something in return. In our willingness, to give that which we seek, we will keep the abundance of the universe circulating in our life. Even the thought of giving, the thought of blessing, or a simple prayer has the power to affect others.

When we talk about nurturers, our communion with mother nature is imperative as our inter-dependence on the aforesaid is un-questionable. Nature has great, unthinkable and unimaginable healing powers. Nature is magical and musical. It nurtures, nourishes and sustains us. Therefore, nurturing our environment provides an intrinsic reward in the form of eternal joy.

This environment day 05 Jun 23 as the slogan goes ‘Green Today, Clean Tomorrow’, the entire naval fraternity successfully organised tree plantation drive, nurturing the elegant greenery towards enhancing the ecosystem and providing a better future for coming generations.

“ Don’t Judge everyday by the harvest you reap, but by the seed you plant”

**Robert Louis  
Stenevnsen**



**Mrs. Arti Malguri**  
B.Ed Batch 2022-24



**STAY  
ACTIVE**

**“  
EVENTS ,  
ACTIVITIES AND  
STUDENTS  
ACHIEVEMENT  
”**

## ORIENTATION AND INTERACTION SESSION BY VC SIR



Hon'ble VC Sir's Interaction with B.Ed students took place on 2nd May, 2023. These types of interactions are generally carried out for contact classes where students get to know about the courses in a short duration.

Vice-Chancellor sir instructed the students some ways of making education a total experience.

It was a lovely experience for students to interact with each other and have learning experience through face to face mode.

B.Ed. Batch 2022-24 students are 73 in number who attended these contact classes for a week from 1st to 5th May, 2023.



# MEDITATION SESSION



ICFAI Education School, The ICFAI University, Dehradun conducted a meditation session on the occasion of “Budhha Purnima” on 5th April 2023 for B.Ed. students. Prof. (Dr.) Ram Karan Singh, VC, The ICFAI University, Dehradun welcomed the resource person, Mr. Dhanpal Gussain, Operation Manager, Pyramid Home Divine, Dehradun. The session was centered on mindfulness techniques to help reduce stress and improve overall mental well-being.

At the beginning of the session, Mr. Gussain discussed how stress can impact our studies and future careers as teachers. He also discussed various mindfulness techniques that can be used to combat stress, including deep breathing exercises and progressive muscle relaxation. Mr. Gussain led the class through a guided imagery meditation. This allowed the students to visualize a peaceful scene and focus their minds on positive thoughts. Throughout the exercise, we emphasized the importance of staying present in the moment and letting go of any distracting thoughts or worries.

The session concluded with a discussion of the benefits of regular meditation practice, such as improved concentration, reduced anxiety, and increased self-awareness. Many students expressed appreciation for the opportunity to participate in the session and expressed interest in incorporating meditation into their daily routines.

Overall, the meditation session was a valuable experience for both myself and the students. It provided an opportunity for us to come together and prioritize our mental health and well-being, which is especially important during times of high stress and uncertainty.





# ICC - BREAKING SESSION



On the day of the last exam, Hon'ble VC interacted with students, wishing them all the best and reminding them of the importance of putting in their best effort. The VC also encouraged students to continue learning, exploring and embracing new opportunities beyond the classroom. The students found the interaction motivating and inspiring as they walked out of the exam hall.

An ice-breaking session with B.Ed. students was initiated on 12th May 2023 in order to provide a positive and comfortable classroom atmosphere. The primary objective of such a session is to build trust, rapport, and openness among the learners, ensuring that they feel relaxed and confident in the learning environment.

In the event, we incorporated various activities to engage our students and foster a strong sense of community within the group. We began by asking each student to introduce themselves and share something unique about their background. This gave learners an opportunity to learn more about their classmates' personalities, interests, and strengths.

We then proceeded to conduct a group activity where students paired up and shared personal stories related to an assigned topic, such as their favourite childhood memories or inspirational figures. This encouraged them to actively listen and communicate effectively, promoting empathy, cooperation, and mutual respect.

Overall, we witnessed tremendous success in our ice-breaking event, as students reported feeling closer to one another and more eager to participate in future classroom activities. As ICFAI education school believes that such sessions play a crucial role in establishing a positive, inclusive, and supportive classroom culture, which fosters academic achievement, personal growth, and lifelong learning.



# INTERNATIONAL YOGA DAY

**ICFAI**  
UNIVERSITY  
The ICFAI University, Dehradun  
Accredited by NAAC

*Celebrates*  
**INTERNATIONAL YOGA DAY**

Venue | **ICFAI University, Dehradun** | **June 21, 2023**

organized by **IEaS**  
ICFAI Education School

in collaboration with  
Dr. Sambhaji Vishwanathgaya

On 21st June 2021, ICFAI Education School, The ICFAI University, Dehradun celebrated International Yoga Day in a very grand and meaningful way. The objective of the event was to enlighten individuals about the benefits of yoga on mental and physical health. The event began early morning at 8:00 am along with the motivational words given by VC sir to all faculty members, staff, and students gathering at university auditorium. He welcomed the resource person and emphasized on importance of the day.





Dr. Rakesh Verma, Department of Yogic Science and Human, Consciousness, Dev Sanskriti Vishwavidyalaya was the resource person of the day. Dr. Sharma guided everyone through various yoga postures that were specifically designed to promote flexibility, relaxation, and stability. It helped participants to improve their respiratory functions and manage stress levels. The practice of pranayama, which involves controlled breathing techniques, was also incorporated into the session followed by a talk on the importance of practicing yoga regularly. He emphasized about how yoga can aid people in achieving overall well-being by reducing anxiety and depression, increasing mental clarity, and enhancing stamina. Overall, the celebration of International Yoga Day by The ICFAI University was a tremendous success, promoting this traditional art form as a holistic approach towards maintaining a healthy body and mind in contemporary times.





# WORLD YOUTH SKILLS DAY



**ICFAI** **IEaS**

The ICFAI University  
ICFAI Education School invites you for an  
empowering and enriching virtual session by

Mr Mrigank Pandey  
Head Master  
Tula's International School  
Selaqui  
on the occasion of

## WORLD YOUTH SKILLS DAY

THEME: "Skilling Teachers, Trainers and Youth for a  
Transformative Future"

19 July 2023 (Wednesday)  
11:00 am onwards

Convener- Dr Meena Bhandari  
Coordinators- Ms Atulya Verma  
Ms Swati Raturi

**Certificate of  
Appreciation For  
the Participants**

"The More We Give Importance  
To Skill Development, The More  
Competent Will be Our Youth"

**ICFAI** **IEaS**

E-LEAD CERTIFIED  
I-GAUGE

World Youth Skills Day is celebrated every year on 15th July, recognizing the importance of equipping young people with skills for employment, decent work, and entrepreneurship. ICFAI Education School, The ICFAI University, Dehradun acknowledged this significant event based on the theme “Skilling Teacher, Trainers & Youth for Transformative Future” by organizing a series of engaging and educational activities to empower its students and promote the development of essential skills. The primary objective of celebrating World Youth Skills Day was to foster awareness among the students about the importance of acquiring skills to meet the demands of the job market and succeed in today's competitive world. The event began with the motivational words given by VC sir to all faculty members, staff, and students. He welcomed the resource person and emphasized on the importance of the day.





Mr. Mrigank Pandey, Head Master, Tula's International School, Selaqui, Dehradun was the resource person of the day. Mr. Pandey spoke about his Knowledge & life experiences with the help of few examples followed by Q/A session. Later on selected videos based on the theme were presented.

Overall, the event organised by ICFAI Education School, IUD proved to be a significant and impactful event, empowering students with practical skills & was a tremendous success.

Participants: More than 70





# HARELA CELEBRATION



'Harela' is a traditional festival celebrated in the Indian state of Uttarakhand, marking the onset of monsoons and the plantation of the new crop. It is considered a significant occasion as it emphasizes the deep-rooted connection between humans and nature. It is believed that planting new crops during this festival brings prosperity, good fortune, and abundant harvests in the upcoming year.

On 21st July 2023, ICFAI Education School celebrated the day with the primary objective to promote and preserve the rich culture and agricultural traditions of Uttarakhand among the university community. Through this event, participants gained a better understanding of local customs while encouraging unity, diversity, and sustainability.





The celebration began with the motivational words given by honourable VC sir and a tree plantation drive involving faculty, staff, and students. Participants planted saplings of native species that played an essential role in maintaining ecological balance. A food fest was arranged where everyone got the opportunity to taste authentic dish speciality of Uttarakhand state prepared by using locally sourced ingredients.

The 'Harela' celebration organized by the ICF AI University successfully achieved its objectives of promoting cultural heritage, fostering environmental sustainability, and empowering local communities. Such initiatives not only contribute to education but also play a vital role in preserving our nation's cultural wealth for future generations.



# World Nature Conservation Day



**ICFAI**  
The ICFAI University, Dehradun  
Accredited by NAAC

**WORLD NATURE CONSERVATION DAY**

**Dr. Dhananjay Mohan, Ph.D., IAS**  
PCCF/Chairman (UKSBB)

**Venue Auditorium**

**July 28, 2023**  
12.00 noon

**Chief Guest:** Prof. (Dr.) Ram Karan Singh, VC, IUD  
**Patron:** Dr. R.C. Ramola, Registrar, IUD

**Co-Moderator:** Dr. Meena Bhandari, Dean, IEaS  
**Faculty Coordinators:** Ms. Atulya Verma & Ms. Swati Returi

Organized by **IEaS**



"Conservation is not a burden; it is our responsibility towards Earth and its inhabitants. Let's unite our efforts on this World Nature Conservation Day for a sustainable tomorrow."

ICFAI Education School, The ICFAI University, Dehradun organized a talkfest on the theme of Nature Conservation Day, 2023 – **'Forests and Livelihoods: Sustaining People and Planet'**.

The event started a plantation drive by the guest speaker followed by motivational speech by Prof. (Dr.) Ram Karan Singh Ji, Vice Chancellor, The ICFAI University, Dehradun and Prof. (Dr.) Ramesh Chand Ramola ji, Registrar, The ICFAI University, Dehradun. Dr. Dhananjay Mohan, IAS, PCCF, Chairman UKSBB being the guest speaker of the day



highlighted the measures to be adopted by us in order to create protected areas and have restoring of degraded ecosystems. During his talk, he shared about his work for birds and Eagle-nest Sanctuary, Arunachal Pradesh.

The event was very well coordinated by Faculty coordinators- Ms. Atulya Verma and Ms. Swati Raturi and student coordinators Mr. Simarjeet, Ms. Neha, Ms. Monalisa and Ms. Preeti. Beautiful Rangoli was also showcased by student coordinators. It was a grand success under the leadership of Dr. Meena Bhandari.



# STUDENTS ACHIEVEMENT



Ms. Asmita Mehta, B.Ed student of ICFAI Education School, IUD have successfully participated in the 'Workshop on Schizophrenia' held on 18th April, 2023 as well as awarded a certificate of appreciation for PLANT -A-THON 2023' held on 9th July, 2023.



**Ms. Asmita Mehta**  
**B.Ed Batch 2022-24**





Ms.Preeti Soragi,B.Ed student of ICFAI Educational School,IUD have participated and achieved the certificate in successfully completing the 9 Years : Seva,Sushasan and Garib Kalyan Mahaquiz 2023 , Quiz on Empowering Youth with 'Travel for Life!' and taking the pledge on 'Say Yes to Life, No to Drugs'..



Ms.Preeti Soragi  
B.Ed Batch 2022-24



Mrs. Shalini Gupta,  
B.Ed student of ICFAI  
Education School,  
IUD have successfully  
achieved the  
certificate of  
participation for  
completing the  
International Day of  
Yoga 2023 Quiz 2.0,  
Quiz on Lifestyle for  
Environment and  
Quiz on Nasha Muk  
Bharat Abhiyaan.



Mrs. Shalini Gupta  
B.Ed Batch 2022-24





Mr.Simarjeet Singh Dang, B.Ed student of ICFAI Education School, IUD have successfully achieved the certificate of participation for completing the International Day of Yoga 2023 Quiz 2.0 , "Know your G20" Quiz , Quiz on Empowering Youth with 'Travel for Life' and completing the course about Mathematical Operations.



**Mr.Simarjeet Singh Dang  
B.Ed Batch 2022-24**



Mr.Devanshu Tyagi, B.Ed student of ICFAI Education School, IUD have successfully achieved the certificate of appreciation for actively engaging in the Youth Summer Camp and demonstrating remarkable dedication over a span of 3 days in the field of photography , critical thinking and discover your city..



**Mr. Devanshu Tyagi**  
**B.Ed Batch 2022-24**



Mr. Sanjeev Kumar Dikshit , B.Ed student of ICFAI Education School, IUD have successfully achieved the certificate of Shiksha Sankalp in the year of India's Presidency of G-20 during the Amrit Kaal on July 19th, 2023..



Mr. Sanjeev Kumar Dikshit  
B.Ed Batch 2022-24



Ms. Aditi Dikshit , B.Ed student of ICFAI Education School, IUD have successfully achieved the certificate of Shiksha Sankalp in the year of India's Presidency of G-20 during the Amrit Kaal on July 19th , 2023..



Ms. Aditi Dikshit  
B.Ed Batch 2022-24



Ms. Anjali Sharma , B.Ed student of ICFAI Education School, IUD have successfully achieved the certificate of Shiksha Sankalp in the year of India's Presidency of G-20 during the Amrit Kaal on July 19th , 2023..



**Ms. Anjali Sharma**  
**B.Ed Batch 2022-24**



Ms. Tannavi Kumari , B.Ed student of ICFAI Education School, IUD have successfully achieved the certificate of participation for completing the Swaraj Quiz- Episode 49 , and completing the course of Shopping Ads.



Ms. Tannavi Kumari  
B.Ed Batch 2022-24







YOU  
matter

**PLEDGE BY B.ED STUDENTS ON  
" SAY YES TO LIFE AND NO TO  
DRUGS".**



good  
vibes





NARCOTICS CONTROL BUREAU  
**Say Yes to Life, No to Drugs**  
*Certificate*

This is to certify that

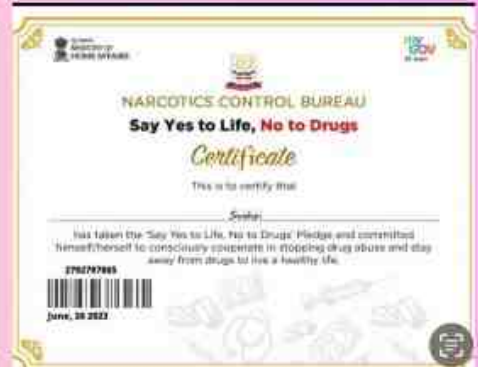
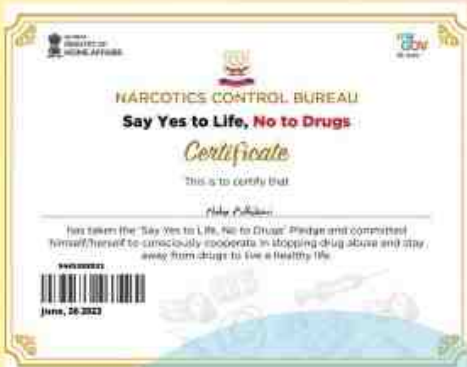
Tannavi Kumari

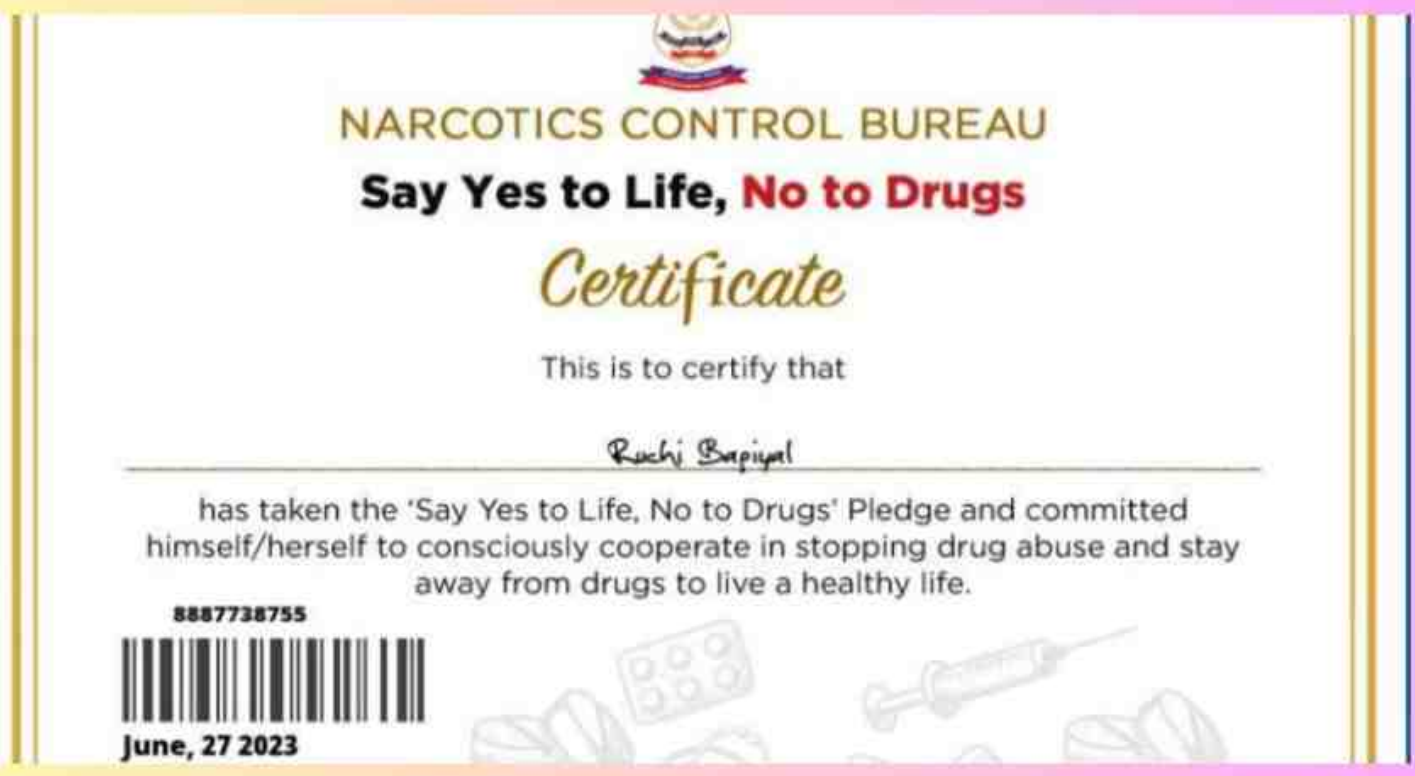
has taken the 'Say Yes to Life, No to Drugs' Pledge and committed himself/herself to consciously cooperate in stopping drug abuse and stay away from drugs to live a healthy life.

7473878973



June, 26 2023









**TRAINING  
AND  
PLACEMENT**



## Placement Record 2023

S.No	Name of the Student	Program	Batch	School Placed	Designation	CTC
1	Ms. Tressa Jeogje	B.Ed.	21-23	Bharat Susamachar Samiti	Middle School Teacher	1.92 LPA
2	Ms. Manya Abrol	B.Ed.	21-23	Siddhartha Public School	Computer Teacher	1.68 LPA
3	Ms. Anandita Luther	B.Ed.	21-23	Unison World School	English Teacher	6,48,348 LPA
4	Mr. Sanjay Singh Negi	B.Ed.	21-23	The Aryan Academy	Mathematics Teacher	2.16 LPA
5	Ms. Samridhi Dimri	B.Ed.	21-23	Bharat Susamachar Samiti	PRT	1.8 LPA
6	Ms. Aakanisha Chowfin	B.Ed.	21-23	St. Thomas' College	Middle School Teacher	5.28 LPA
7	Ms. Ayojeeta Mandal	B.Ed.	21-23	Shankus Divine Child International School, Ahmedabad	Middle School Teacher	2.4 LPA
8	Mr. Rajat Dixit	B.Ed.	21-23	Unison World School, Dehradun	Teacher Scholastic Assessment Test (SAT), America College Testing (AST) & Mathematics	9,90,000 LPA
9	Ms. Anmol Chauhan	B.Ed.	21-23	Seaba International Public School, Punjab	Middle School Teacher	2.4 LPA
10	Ms. Geetanjali Bisht	B.Ed.	21-23	Shivalik Academy, Dehradun	PRT	1.8 LPA
11	Ms. Shraddha Gogoi	B.Ed.	21-23	Spring Dale International School, Guwahati	Middle School Teacher	2.84 LPA
12	Ms. Ria Raghwanj	B.Ed.	21-23	D.P.S. Bijnor	Middle School Teacher	3 LPA

Play  
& Learn  
together

**PHOTOGRAPHY  
AND PAINTING  
DIGEST**



A well spent summer vacations







Painting done by  
Ms.Soni Kumari ,  
student of ICFAI  
Education School,  
Dehradun





# Visit to Sachkhand Sri Hemkunt Sahib Ji





**Canvas painting and photography by Ms.Neha Adhikari , B.Ed Batch 2022-24.**





**Red Cross Jamshedpur NEWS**

**ए ग्रुप के रक्तदान लिए चलता रहेगा अभियान**

जमशेदपुर, 15 नवम्बर: जीवन रक्षक रक्त की कमी जमशेदपुर के नया जगत बीजेपी ग्रुप के रक्त की कमी का समाधान पाने के लिए जमशेदपुर ब्लड सेंटर में रक्तदान किया, जिससे आज की आवश्यकता पूरी हो गयी, जिससे जो जमशेदपुर ब्लड बैंक विशेष तौर पर ए ग्रुप के रक्तदाताओं के लिए खुला रहेगा और ए ग्रुप का रक्तदान किया जा सकेगा, कुटी के इस दिन जो भी रक्तदाता ए ग्रुप के हैं और रक्तदान कर सकते हैं वे तबियत 15 नवम्बर को जमशेदपुर ब्लड सेंटर पहुंच कर रक्तदान कर सकते हैं। अभी तीन बार दिनांक तक यह अभियान आयोजित करने में हम कमी नहीं छोड़ेंगे।

**एसडीपी दान कर रहे जीवनदान रक्तदाता**



जमशेदपुर, 15 नवम्बर: भारतीय रक्त बैंक सोसाइटी, पूर्वी सिन्धुप्रदेश जमशेदपुर शोधन प्रयोग प्रमुखता से रक्तदान से आज मुक्त एक और जमशेदपुर को समर्थन पर सिलेज डीनर स्पेसिफिकेशन धारण ए ग्रुप रक्त बैंक में रक्तदान कर सकेंगे। ए ग्रुप रक्तदान करने वाले जमशेदपुर ब्लड सेंटर में रक्तदान करने वाले जमशेदपुर ब्लड सेंटर के वरिष्ठ चिकित्सक डॉ. एन.जी. सिंह से किया। जमशेदपुर का रक्तदान रक्तदान भी किया है।



**Blood donation by Mrs.Divya Singh and 11th time SDP by Mr.Hitesh Patel , student of IEEds, Batch 2022-24.**



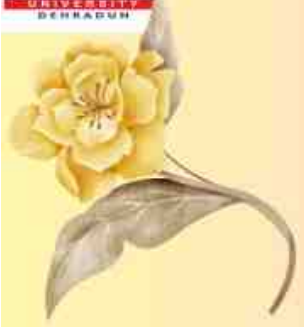
SOUL FULL OF SUNSHINE

be the best version of yourself

# IEdS Faculty



THINK IT.  
WANT IT.  
GET IT



**Dr. Meena Bhandari**  
Dean, IEdS  
Ph.D. (Education),  
NET M.A. (English)  
LLB, M.Phil  
(Education)



**Ms. Atulya Verma**  
Academic Coordinator IEdS  
Ph.D. (Pursuing), NET  
M.A. (English), M.A.  
(Education)



Let your  
light  
Shine



**Ms. Swati Raturi**  
Faculty Associate-  
IEdS Ph.D. (Pursuing)  
B.Com, M.Com  
B.Ed M.Ed





**ACHIEVEMENT  
OF IEds  
FACULTY**

Let your  
light  
Shine

DREAM BIG,  
WORK HARD,  
MAKE IT  
happen.



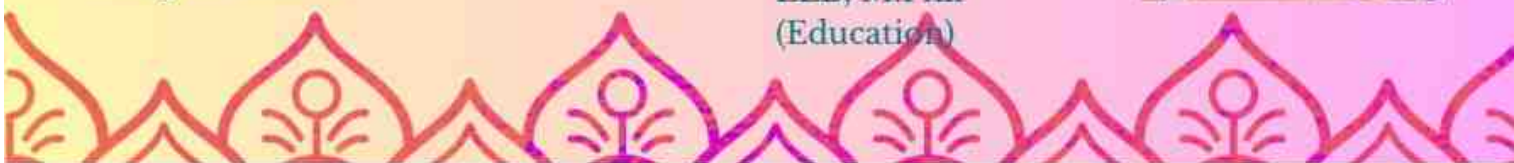
Dr Meena Bhandari, Dean. The ICFAI Education School was invited by Shri Ram Centennial School, Dehradun on 01.07.2023 (Saturday) to deliver a lecture on The Best Practices in Teaching

She emphasised on the 'The Inclusive Approach' in Classroom Teaching and how it can help in imparting Quality Education to Students in class.

The Principal and 52 teachers attended this hour long session.



**Dr. Meena Bhandari**  
Dean, IEdS  
Ph.D. (Education),  
NET M.A. (English)  
LLB, M.Phil  
(Education)







**COUNCIL FOR EDUCATIONAL ADMINISTRATION AND MANAGEMENT (CEAM)**  
*A National Professional Organization to Strengthen Educational Administration & Management*  
**Regd. No. TVM/TC/978/2019**  
(Regd. under Travancore - Cochin Literary, Scientific and Charitable Societies Registration Act 1955)  
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- Prof. H. Mahaveer (Assam)
- Dr. Valla Sargam (Karnataka)
- Ms. Preman Bobby Brijesh (Kerala)
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- Dr. Meena Singh (Assam)
- Prof. Vidisha Bhatia (Assam)
- Dr. Subhash Sankar (Assam)
- Dr. Usha Patil (Karnataka)
- Dr. R. K. Singh (Assam Pradesh)
- Dr. Shrawan Chakraborty Acharya (West Bengal)

Ref. No. CEAM/05/2023

Date: 22-03-2023

To  
**Dr. MEENABHANDARI**  
Dean,  
ICFAI Education School,  
The ICFAI University

Dear Dr. Meena Bhandari,

Greetings from CEAM!

We have great pleasure to inform you that you have been nominated as **PATRON** of Council for Educational Administration and Management (CEAM), Uttarakhand Chapter w.e.f from March 22, 2023. Kindly acknowledge.

Thank you

Yours Sincerely

Dr. V. M. Sasikumar



Address for Communication: Dr. V.M. Sasikumar, National President, Office: P79A-77, Kanchipalpur Lane, Palfrud, Patten, Thiruvananthapuram - 695 004, Kerala India, Mob: 9447240190, whatsapp: 9180240190 | Dr. Nimmi Maria Gopinath, National General Secretary, Vaidikoddi House, Maraimon, Puthanarthi, Kerala, India, Mob: 9847247097, E-mail: drnimmi@ceam.org

*"Together we can. Together we will!"*

Dr. Meena Bhandari Dean of IEDs, ICFAI university, Dehradun was nominated as PATRON of Council for Educational Administration and Management (CEAM), Uttarakhand Chapter from March 22, 2023.



**Dr. Meena Bhandari**  
Dean, IEdS  
Ph.D. (Education),  
NET M.A. (English)  
LLB, M.Phil  
(Education)





Certificate of Completion

This certificate is awarded to

**Swati Raturi**

for successfully completing

**How to Write Quality Research Paper/Thesis**

Date of Completion: 10 Jun 2023  
Certificate ID: 9827x137e400000000000000



Ms. Swati Raturi, Faculty Associate, ICFAI Education School, IUD :Methodologies and Challenges" and "Enhancing Pedagogical Design: Chat GPT ' S Role in Modernising Course Outlines".



**Ms. Swati Raturi**  
Faculty Associate-  
IEdS Ph.D. (Pursuing)  
B.Com, M.Com  
B.Ed, M.Ed



LSME RESEARCH BOOK

2023

PUBLICATION OF

RESEARCH PAPERS

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RESEARCH CONFERENCE ON

GLOBAL EDUCATION AND  
THE GREEN ECONOMY



[www.lsme.ac.uk](http://www.lsme.ac.uk)

PAPER – 26

ADOPTING BLOOM'S TAXONOMY FOR PROMOTING STUDENT'S LIFE-LONG LEARNING: A  
VISION OF NEW EDUCATION POLICY OF INDIA

Swati Raturi<sup>1</sup>

<sup>1</sup>ICFAI Education School, The ICFAI University, Dehradun, India.

1. INTRODUCTION TO BLOOM'S TAXONOMY

India's first education policy of the 21<sup>st</sup> century, the *New Education Policy-2022* (NEP-2022) was introduced on 30<sup>th</sup> July 2020, focusing on access, equality, quality, creativity, and research through Permanent Learning [10]. In this document, the Government underlined the importance of cognitive skills, which will lead students toward permanent learning [13]. For permanent learning, NEP-2020 advocates the adoption of Bloom's taxonomy, a hierarchical model for the cognitive domain initially proposed in 1956 [1, 12]. The taxonomy is a framework for categorizing educational goals based on the amount of student comprehension required for attainment or mastery. Educational researcher Benjamin Bloom and his colleagues proposed six different cognitive stages in learning that must be followed in order of the taxonomy; learners must begin with Knowledge and master that level before going on to the next [1, 2]. The first level, Knowledge, is a prerequisite for the remaining five levels i.e., Comprehension, Application, Analysis, Synthesis, and Evaluation [1, 5].

Anderson (1990), a former student of Bloom, refined and amended his taxonomy to reflect relevance to 21st-century work for both students and teachers [3]. In 2001, a group of cognitive psychologists, curriculum theorists, instructional researchers, and assessment specialists published, *A Taxonomy for Teaching, Learning, and Assessment*, a version of Bloom's Taxonomy [3, 4, 16]. This title shifts the focus away from Bloom's original and fairly static notion of "educational aims" and toward a more dynamic view of classification. Anderson modified the original terminology by changing Bloom's categories from nouns to verbs. Thus, Anderson and Krathwohl's revised Bloom's taxonomy became: Remember, Understand, Apply, Analyze, Evaluate and Create [3, 6] as shown in Figure 1.

Research Paper Presented at the 9<sup>th</sup> LSME International Research Conference on  
"Global Education and the Green Economy"

334

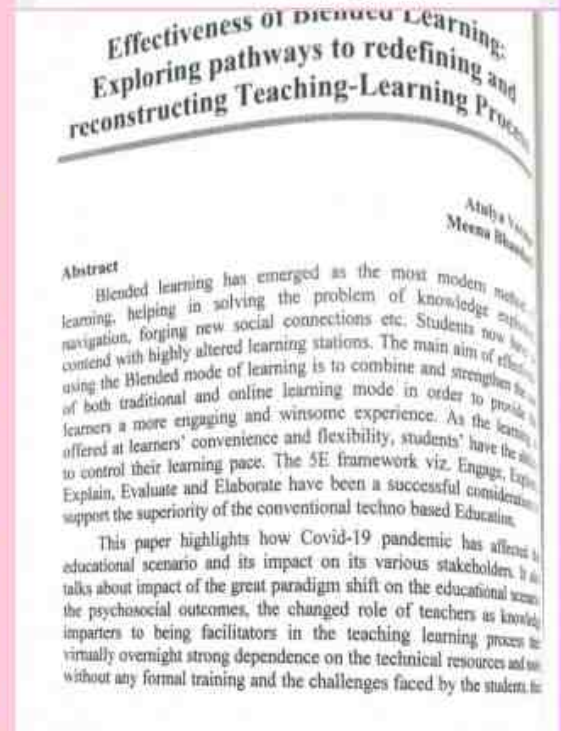
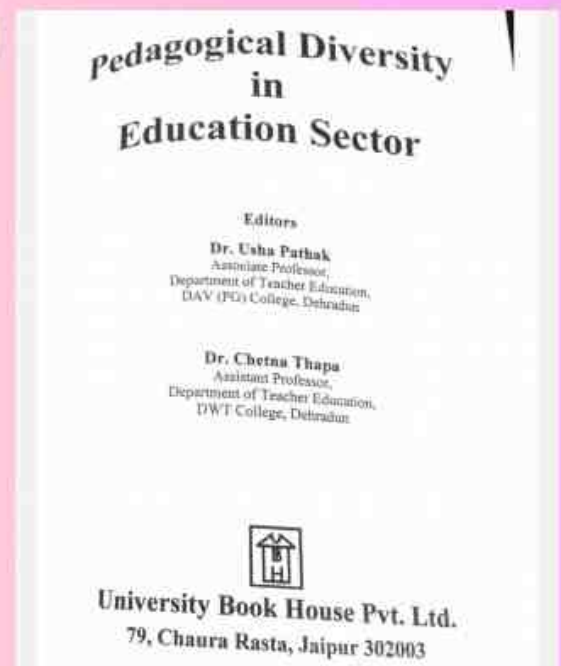
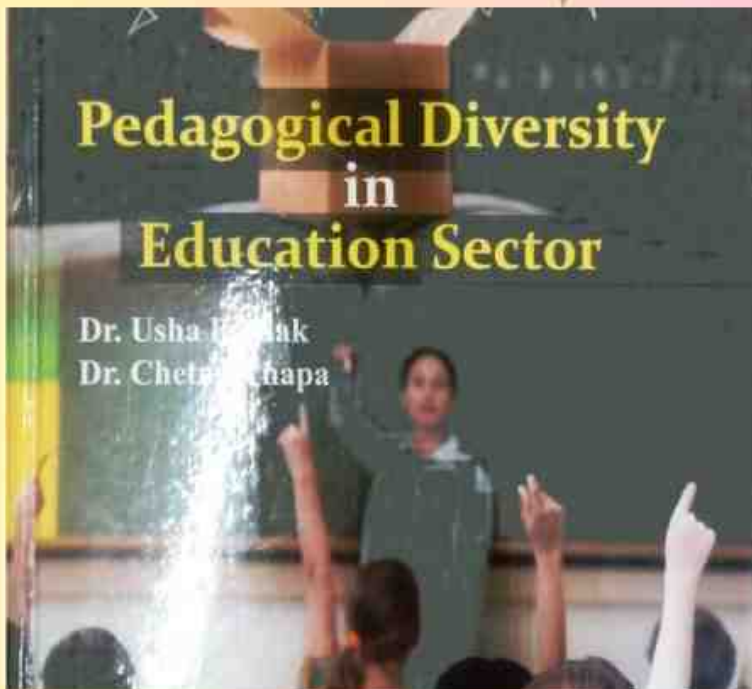
Ms. Swati Raturi, Faculty Associate, ICFAI Education School, IUD successfully presented a research paper titled "Adopting Bloom's Taxonomy For Promoting Student's Life-Long Learning : A Vision Of New Education Policy Of India " . in LSME RESEARCH BOOK 2023 Publication Of Research Papers Presented at the 9th LSME International Research Conference on GLOBAL EDUCATION and THE GREEN ECONOMY..



be the best  
version of  
yourself



Ms. Swati Raturi  
Faculty Associate-  
IEdS Ph.D. (Pursuing)  
B.Com, M.Com  
B.Ed, M.Ed



1. She has co-authored a chapter titled "Effectiveness of Blended Learning: Exploring pathways to redefining and reconstructing Teaching- Learning Process" in the book titled Pedagogical Diversity in Education Sector.

2. She has successfully completed the course on SEL for Teachers by UNESCO MGIEP (Mahatma Gandhi Institute of Education for peace and sustainable development)

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version of  
yourself



**Ms. Atulya Verma**  
Academic Coordinator IEdS  
Ph.D. (Pursuing), NET  
M.A. (English), M.A. (Education)



Ms. Atulya Verma, Academic Coordinator , IEEds has achieved certificate of participation for successfully presenting a paper titled Achieving Operational Effectiveness Through Automation and Efficiency with Technology in the National Conference organised by School of Management (SOM) , IMS Unison University, Dehradun on March 27th and 28th ,2023

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version of  
yourself



**Ms. Atulya Verma**  
Academic Coordinator IEEdS  
Ph.D. (Pursuing), NET  
M.A. (English), M.A. (Education)



## ICFAI EDUCATION SCHOOL

The ICFAI Education School, The ICFAI University, Dehradun. It has conceived and developed a unique B.Ed. and MA (Education) Program to train the teachers to meet the challenges of emerging trends and competitive environment. The curriculum and pedagogy adopted are exploratory and reflective in nature. An applied approach to learning is followed keeping in view the national and international standards of Education.

### PROGRAMS

- Bachelors of Education (B.Ed.) - 2 Yrs  
Bachelors in any stream with minimum 50% marks
- Masters of Arts (Education) - 2 Yrs  
Bachelors in any stream with minimum 50% marks

### HIGHLIGHTS

- SCHOLARSHIPS
- PREPARATION FOR CTET, UTET etc
- SOFT SKILLS TRAINING
- FOUR MONTHS TEACHING INTERNSHIP PROGRAM
- 100% PLACEMENT

### PLACEMENT & PACKAGE

- THE DOON SCHOOL - 15 TEACHERS (UPTO 30 LPA)
- WOODSTOCK SCHOOL (24 LPA)
- ÉCOLE GLOBALE INTERNATIONAL GIRLS SCHOOLS (4.8 LPA)
- INTERNATIONAL SCHOOLS IN MIDDLE EAST (8 LPA)
- GOVERNMENT SCHOOLS (7TH PAY COMMISSION)



The ICFAI University, Dehradun  
Rajawala Road, Central Hope Town,  
Selaqui, Dehradun - 248 011, Uttarakhand