

The ICFAI University, Dehradun

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ICFAI[®]

UNIVERSITY

Presents



“The woods are lovely, dark and deep but I have promises to keep and miles to go before I sleep.”

- Robert Frost

SKILL LEARNING Under Community Development Program

Take Your Personality to the
Next Level!

Workshop Dates

5th - 9th April, 2021

Time: 4:00 - 5:30 pm



Scan to Register



For more details contact:

+91 8077370714

Organized by



Knowledge Partner



Program Schedule

Day 1

- ▶ Personality Styles
- ▶ Verbal Communication
- ▶ Non – Verbal Communication (Body Language)
- ▶ The Johari Window Model
- ▶ Ikigai: The Japanese Concept
- ▶ Goal Setting

Day 2

- ▶ Time Management
- ▶ Conflict Resolution
- ▶ Stress / Anger Management
- ▶ Emotional Intelligence

Day 3

- ▶ Presentation Skills
- ▶ How to Eliminate Stage Fear (Public Speaking)
- ▶ Etiquettes & Manners
- ▶ Grooming

Day 4

- ▶ Group Discussion
- ▶ Interview Handling

Day 5

- ▶ SWOT Analysis
- ▶ Career Counseling
- ▶ Assessment
- ▶ Feedback

Benefits to Students

- ▶ Take your career to the next level by achieving your professional goals.
- ▶ Improve your competencies for better prospects.
- ▶ Gain language proficiency and also strengthen their confidence.
- ▶ Overall personality development by making them presentable.
- ▶ Identify and understand the 21st century skill required for millennials.
- ▶ Improve the quality of Professional & Personal Life.
- ▶ Nurturing of talent as well as psychological betterment.
- ▶ Encouragement with a growth mindset.
- ▶ Motivation for keeping pace with the Volatile scenarios.
- ▶ Emotional intelligence for long lasting relationships.
- ▶ Grooming in a new learning environment beyond classroom.
- ▶ Prepare for upcoming challenges, difficult situations as well as opportunities.
- ▶ Enhance Group Discussion & Interview Handling Skills for clearing the admission process of higher academic institutions.
- ▶ Facilitate in communication and accordingly help them perform their tasks effectively.

Earn a Certificate

After clearing the Assessment, you'll earn a certificate that will add value to your bright career ahead.

About the Trainer



Ms. Aditi Singhal
Assistant Professor,
Department of Science & Humanities,
The ICFAI University, Dehradun.

Notable Achievements

- ▶ Life Coach, Motivational Speaker, Personality Development and Soft Skills Trainer.
- ▶ International English Language Testing System (IELTS) Certified with 7.5 bands.
- ▶ Honored with “Akhil Bharatiya Women Pride Award”, 2021.
- ▶ Honored with “Women of Excellence in Training and Coaching Award”, 2021.
- ▶ 6 Sigma Certified with 13 Years of experience.

Contact Us

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